

تمہارا مستقبل تمہارے ماضی سے بہتر ہوگا"

♥ (القرآن 4-93) -

## PSY404 ABNORMAL PSYCHOLOGY QUIZ/MCQ'S NOTES

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اگر کسی قسم کی غلطی ہوں توں آپ غلطی کی درستگی کیلیے درج ذیل نمبر پر رابطہ کر کے ہماری رہنمائی کر سکتے ہیں

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1. \_\_\_\_\_distress is not considered abnormality?
  - a) Psychological
  - b) Cognitive
  - c) **Physical**
  - d) Mental
2. \_\_\_\_\_ scale is the oldest intelligence scale.
  - a) Salosson Intelligence
  - b) Wechsler Adult intelligence
  - c) **Stanford – Binet Intelligence**
  - d) Wechsler Intelligence Children
3. A test would be high on \_\_\_\_\_ if it actually measures what it claims to measure?
  - a) Administration
  - b) Reliability
  - c) **Validity**
  - d) Standardization
4. Stroop Test is a type of \_\_\_\_\_ assessment?
  - a) Intelligence
  - b) Personality
  - c) **Neuropsychological**
  - d) Projective
5. Learning disorders are characterized by which of the following?
  - a) **Deficits in perception and information processing**
  - b) Poor memory and retrieval
  - c) A deficiency in cognitive abilities
  - d) Learning in the classroom and retrieving in exams
6. Difficulties understanding what is not explicitly stated' is one of the features of:
  - a) Communication disorders
  - b) **Social communication disorder**
  - c) Language disorders
  - d) Stuttering
7. Schizophrenia may be induced by\_\_\_\_\_.
  - a) Societal Factors
  - b) **Genetic Factors**
  - c) Intrapsychic Conflict
  - d) Negative Irrational Cognitions
8. Who among the following philosophers worked on paranoia?
  - a) Ibn – Khuldun
  - b) **Najubud din Muhammad**
  - c) Al – Ghazali
  - d) Al – Razi
9. Which of the following neurotransmitter is linked with depression?
  - a) **Serotonin**
  - b) Acetylcholine
  - c) Epinephrine
  - d) GABA

10. Which of the following disorder involves inflated self – esteem or grandiosity, decreased need for sleep, more talkative, flight of ideas, distractibility, and psychomotor agitation?
- a) Depressive episode of bipolar and related disorder
  - b) Communication disorders
  - c) Motor disorders
  - d) Manic episode of bipolar and related disorders**
11. Symptoms characteristics of a schizophrenia spectrum and other psychotic disorder predominate but do not the full criteria for any of the disorders refers to which disorder?
- a) Delusion disorder
  - b) Brief psychotic disorder
  - c) Schizophrenia form disorder**
  - d) Unspecified Schizophrenia spectrum and other psychotic disorder
12. Persistent depressive disorder also called which of the following?
- a) Grandiose
  - b) Dysthymia**
  - c) Agro phobia
  - d) Catatonia
13. When individual adds in the main stream behavior as part of any disorder, it is called:
- a) Delusions
  - b) Positive symptoms**
  - c) Hallucinations
  - d) Negative symptoms
14. How long symptoms need to persist in order to diagnose separation anxiety in children?
- a) 5 weeks
  - b) 3 weeks
  - c) 6 weeks
  - d) 4 weeks**
15. Which of the following is NOT psychological reason of Bipolar and related disorders?
- a) Negative life events
  - b) Genetic makeup**
  - c) Losses in earlier life
  - d) Neuroticism
16. Which of the following is the most decisive factor while diagnosing anxiety disorders?
- a) Fear which started in childhood
  - b) High intensity of fear**
  - c) No other alternate explanation of the fear
  - d) Long term fear
17. The occurrence of major depression episodes and at least one manic episode refers to which of the following?
- a) Hypomania
  - b) Bipolar 1 disorder**
  - c) Cyclothymic disorder
  - d) Bipolar 2 disorder
18. In schizophrenia, the course of specifiers is only used after the duration of how many months?

- a) 6 months
  - b) 3 months
  - c) **1 year**
  - d) 1.5 years
19. Depressive symptoms evidently due to or the consequence of another medical conditions and not explained by another mental disorder refers to which disorder?
- a) **Depressive disorder due to another medical condition**
  - b) Disruptive mood dysregulation disorder
  - c) Substance/Medical induced depressive disorder
  - d) Persistence depressive disorder
20. Which principal of behavioral school of thought is responsible for the development of specific phobias are developed?
- a) **Reinforcement**
  - b) Operant conditioning
  - c) Observation
  - d) Classical conditioning
21. Which of the following disorder refers to the acts of killing one self, most often as a result of depression or other mental illness, to deal with in tolerate able mental anguish pain and tear?
- a) Major depression
  - b) **Suicide**
  - c) Mania
  - d) Hypomania
22. A sudden rapid recurrent, non – rhythmic motor movement or vocalization refers to which of the following disorders?
- a) Development coordination disorder
  - b) Stereotypic movement disorder
  - c) Tic disorder
  - d) **Tourette's disorder**
23. Who talks about depression etiology in terms of negative or pessimistic thinking cognitive that errors in thinking/logic, arbitrary inferences and automatic thoughts?
- a) Albert Bandura
  - b) Sigmund Freud
  - c) **Aron Beck**
  - d) B.F Skinner
24. Which of the following disorder refers to a prominent and persistent disturbances in depressed mood, loss of interest or pleasure, developed during or soon after substance intoxication/withdrawal?
- a) Major depression disorder
  - b) Other specified depressive disorder
  - c) Disruptive mood dysregulation disorder
  - d) **Substance/medication induced depressive disorder**
25. The presence of negative and positive symptoms is the criteria for the diagnosis of which disorder?
- a) Mood disorder
  - b) Autism
  - c) Neurological disorders
  - d) **Schizophrenia**

26. In which of the following disorder's mild level requires explicit protective measures and behavioral modification, and severe level require continuous monitoring and protective measure?
- a) Motor disorder
  - b) Developmental coordination
  - c) Tic disorder
  - d) Stereotypic movement disorder**
27. Which of the following is a type of Bipolar and related disorder characterized by long duration and comparative chronic condition?
- a) Cyclothymic disorder**
  - b) Bipolar 2 disorder
  - c) Bipolar 1 disorder
  - d) Hypomania
28. It is necessary to specify prognostic features, catatonia and severity, however it can be diagnosed without severity as well, in which of the following disorder?
- a) Psychotic disorder
  - b) Schizophreniform disorder**
  - c) Substance/medication – induced psychotic disorder
  - d) Brief psychotic disorder
29. A group of drugs intoxicates the body and people use them for intoxication occurs in:
- a) Brief psychotic disorder
  - b) Schizophrenia form disorder
  - c) Substance/medication – induced psychotic disorder**
  - d) Delusion disorder
30. The acquisition and execution of coordinated motor skills is substantially below individual's chronological age an opportunity for skills learning and use, refers to which disorder?
- a) Tic disorder
  - b) Developmental coordination disorder**
  - c) Stereotypic movement disorder
  - d) Motor disorder
31. The act of taking one's life in the result of depression, other mental illness, intolerable mental anguish and pain is called:
- a) Mania
  - b) Suicide**
  - c) Hypomania
  - d) Major depression
32. History, laboratory findings, and physical examination, refer to depressive symptoms due to substance intoxication which is disorder?
- a) Substance/medication induced depressive disorder**
  - b) Persistence depressive disorder
  - c) Disruptive mood dysregulation disorder
  - d) Major depressive disorder
33. An uninterrupted period of illness during which there is a major mood episode, major depression or mania, with criterion A of schizophrenia, refers to which of the following disorder?
- a) Delusion disorder
  - b) Schizophreniform disorder**
  - c) Brief psychotic disorder
  - d) Schizoaffective disorder

34. Uni-polar depression is associated with which of the following neurotransmitter?
- a) Testosterone
  - b) Estrogen
  - c) Cortisol
  - d) Serotonin**
35. Molecular biologists have specified certain number of chromosomes, located at chromosome 17, associated with which the following disorder?
- a) Schizophrenia
  - b) Hypomania
  - c) Unipolar depression**
  - d) Mania
36. Which of the following lobe performs relatively lower but very important level of processes such as somatosensory function?
- a) Parietal lobe**
  - b) Temporal lobe
  - c) Frontal lobe
  - d) Occipital lobe
37. Electroconvulsive therapy is also known as:
- a) Brain stimulation**
  - b) Psychosurgery
  - c) Psychotherapy
  - d) Psychotropic Medication
38. The concept of demonology declined in the \_\_\_\_\_ age.
- a) Renaissance**
  - b) Modern
  - c) Medieval
  - d) Middle
39. Positive and negative symptoms scale (PANAS) is administered for diagnosis of \_\_\_\_\_.
- a) Obsession
  - b) Depression
  - c) Anxiety
  - d) Schizophrenia**
40. Cortisol is secreted from \_\_\_\_\_ gland.
- a) Endocrine
  - b) Thyroid
  - c) Exocrine
  - d) Adrenal**
41. Which of the following neurotransmitter is linked with Anxiety?
- a) GABA**
  - b) Dopamine
  - c) Norepinephrine
  - d) Serotonin
42. Which of the following specifier is NOT mentioned in DSM – V?
- a) Moderate
  - b) Mild
  - c) Extreme**
  - d) Severe
43. If a person is \_\_\_\_\_ from normal, he is said to be abnormal.
- a) Danger

- b) Distressing
  - c) Dysfunctional
  - d) Deviating**
44. Intellectual disability is not linked to which of the following?
- a) Genetic Factors
  - b) Viral Infections
  - c) Imbalanced Hormones**
  - d) Anatomy of Brain
45. Auditable or silent blocking is a salient feature of which of the following?
- a) Social communication disorder
  - b) Language disorder
  - c) Childhood – onset fluency disorder**
  - d) Speech sound disorder
46. Freud presented \_\_\_\_\_ theory of personality.
- a) Biological
  - b) Humanistic
  - c) Behavioral
  - d) Psychoanalytical**
47. Treatment of a person will not be effective until \_\_\_\_\_ are not part of the treatment themselves.
- a) Informants**
  - b) Psychologists
  - c) Social Workers
  - d) Psychiatrist
48. Which of the following is a primary proponent of moral treatment?
- a) Benjamin Rush**
  - b) Al – Ghazali
  - c) Hippocrates
  - d) Johann Weyer
49. Which of the following is NOT a characteristic of intellectual disability?
- a) Walking**
  - b) Learning
  - c) Thinking
  - d) Solving
50. To label a person, patient', was discouraged by:
- a) Unconditional Positive Regard**
  - b) Individual Psychology
  - c) Accurate Empathy
  - d) Genuineness
51. Neurotransmitter linked with Schizophrenia is:
- a) Serotonin
  - b) Norepinephrine
  - c) Dopamine**
  - d) GABA
52. In the diagnoses of attention deficit hyperactivity disorder, which one of the following is the most important to specify:
- a) Gender of the individual
  - b) Is it combined, inattentive, or hyperactive
  - c) Settings in which symptoms shown**
  - d) Age of the individual

53. \_\_\_\_\_ skill deficit is NOT included as one of the features of specific learning disorder:
- Reading
  - Writing
  - Motor**
  - Mathematical
54. ASR likes a girl, People noticed that when ASR is with that girl, he is often throwing demeaning comments at her, ASR is using \_\_\_\_\_ defense mechanism.
- Reaction Formation**
  - Displacement
  - Sublimation
55. XYZ is a child who is being toilet trained. He seeks to cope up with the demand for control. Which of the following stage he belongs to?
- Phallic
  - Oral
  - Anal**
  - Latent
56. For a test to be formal, it needs to be \_\_\_\_\_.
- Standardized**
  - Unbiased
  - Valid
  - Reliable
57. Abnormal behavior was thought to be the work of evil spirits in the \_\_\_\_\_ age.
- Copper
  - Stone
  - Medieval**
  - Iron
58. The antenna like structure receiving the electrical impulse in a neuron is known as \_\_\_\_\_.
- Cell body
  - Axon
  - Dendrite**
  - Synapse
59. A child who neither listens to the instructions of a teacher nor follows them and does not complete the class work is suffering from which of the following disorder?
- Hyperactivity
  - Autism
  - Inattention**
  - Impulsivity
60. Who developed the word Association Test?
- Sigmund Freud
  - Karen Horney
  - Carl Jung**
  - Alfred Adler
61. \_\_\_\_\_ connects a neuron to another neuron.
- Cell body
  - Axon
  - Synapse

**d) Dendrite**

**62.** A person thought to be possessed by a wolf was cured by \_\_\_\_\_.

**a) Tarantella**

b) Exorcism

c) Balancing the Humors

d) Trephining

**63.** In \_\_\_\_\_ defense mechanism, the person leads to an infantile stage.

a) Displacement

b) Sublimation

**c) Regression**

d) Repression

**64.** Often getting failed to give close attention to details or making careless mistakes in schoolwork, at work, during other or symptoms of:

a) Hyperactivity

b) Obsession

**c) Inattention**

d) Impulsivity

**65.** Sara is a grade student, who could not concentrate on the tasks given act like the is not listening and mostly lost her belongings, she suffers which at the following?

a) Learning disorders

b) Communication disorder

c) Attention deficit hyperactivity Disorder

**d) Autism**

**66.** It is the duty of \_\_\_\_\_ to gather all information about the family of the client?

a) Psychiatrist

**b) Social Worker**

c) Psychologist

d) Helping staff

**67.** \_\_\_\_\_ introduced the concept of Hypnotism.

a) Emil Kraepelin

b) Sigmund Freud

c) Benjamin Rush

**d) Friedrich Mesmer**

**68.** Assessment of thought Pattern in Mental Status Examination does NOT include:

a) Flow

b) Clarity

**c) Orientation**

d) Relevance

**69.** Tarantism was used by \_\_\_\_\_.

a) Muslims

b) Greeks

c) Romans

**d) Europeans**

**70.** Which disorder manifests during the early years of formal schooling?

a) Autism

b) Mental retardation

c) Physical disability

**d) Learning disorder**

71. Intellectual disability is linked with \_\_\_\_\_.
- a) **Genetic Factors**
  - b) Biochemical Imbalance
  - c) Societal Factors
  - d) Negative Irrational Cognitions
72. Which of the following is a type of speech sound disorder?
- a) Learning disorder
  - b) Reading disorder
  - c) Language disorder
  - d) **Communication disorder**
73. The question “What is my purpose in the world?” was answered by which of the following model?
- a) **Humanistic**
  - b) Biopsychosocial
  - c) Existential
  - d) Psychoanalytical
74. Which of the following method of treatment is the most controversial?
- a) Psychotropic Medication
  - b) Psychotherapy
  - c) Neurosurgery
  - d) **Electroconvulsive therapy**
75. \_\_\_\_\_ pointed out that children are naturally ego centric.
- a) **Al – Ghazali**
  - b) Al – Razi
  - c) Ibn – Sina
  - d) Najubud din Muhammad
76. Who often has difficulty in waiting for the turn and intrude or interrupt others?
- a) **Hyperactive individual**
  - b) Inattentive individual
  - c) Impulsive Individual
  - d) Hyperactive & Impulsive individual
77. Friedrich Mesmer used hypnotism for the treatment of \_\_\_\_\_.
- a) Schizophrenia
  - b) Anxiety
  - c) Depression
  - d) **Hysteria**
78. Which disorder manifests during the early years of formal schooling?
- a) **Learning disorder**
  - b) Autism
  - c) Physical disability
  - d) Mental retardation
79. Extreme and continuous clapping of a child is associated with:
- a) Language Disorder
  - b) **Autism Spectrum Disorder**
  - c) Global Developmental Delay
  - d) Intellectual Disability
80. Which one of the following is NOT a communication disorder?
- a) Child – onset fluency disorder
  - b) Language disorder
  - c) Speech and sound disorder
  - d) **Autism**

81. Which of the following is not related to Exorcism?
- a) Flogging the inflicted person
  - b) Cutting the head of the person**
  - c) Starving the Patient
  - d) Excessive and Loud Noise Making
82. Awareness regarding a certain behavior or disorder could be considered as \_\_\_\_\_.
- a) Preventive Measure**
  - b) Family Therapy
  - c) Community Treatment
  - d) Group Therapy
83. Genuineness is a quality of which of the following?
- a) Word Association
  - b) Client Centered Therapy**
  - c) Dream Analysis
  - d) Behavior Modification
84. Which of the following is NOT a biological cause of abnormality?
- a) Genetic Factor
  - b) Irrational Cognition**
  - c) Chemical Imbalance
  - d) Changes to Nervous System
85. Coping with incestuous sexual feelings is a characteristic of \_\_\_\_\_ stage.
- a) Phallic**
  - b) Latent
  - c) Anal
  - d) Oral
86. \_\_\_\_\_ got through a different sort of training as compared to usual people of the same field.
- a) Helping staff
  - b) Psychiatrists**
  - c) Social workers
  - d) Psychologists
87. Which of the following is NOT a type of neurotransmitter?
- a) Dopamine
  - b) Serotonin
  - c) GABA
  - d) Cortisol**
88. Which of the following is an example of deviance in our society?
- a) Not being able to work efficiently**
  - b) Over eating or being obese
  - c) Feeling Anxious in Presentation
  - d) Denying Religious Teachings
89. Which of the following is NOT a projective test?
- a) Minnesota Multiphasic Personality Inventory**
  - b) House Tree Person
  - c) Rotter's Incomplete Sentence Blank
  - d) Rorschach Inkblot Test
90. The presence of depressed mood for two years, but among children and adolescent, mood remains irritable and at least 1 year refers to which disorder?
- a) Major depression disorder

- b) **Persistence depressive disorder (dysthymic)**  
c) Other specified depressive disorder  
d) Disruptive mood dysregulation disorder
91. Memory Assessment Scale (MAS) is a type of \_\_\_\_\_ test.  
a) Intelligence  
b) Self – Report Inventory  
c) Projective  
d) **Neuropsychological**
92. Phobias are disorders because fear is \_\_\_\_\_ for the person.  
a) **Distressing**  
b) Abnormal  
c) Dysfunctional  
d) Deviating
93. ABC is at the Latent stage of development. Which of the following will be true about him?  
a) Has mature sexual interest  
b) Seeks pleasure through genitals  
c) Seeks pleasure by sucking  
d) **Has dormant sexual feelings**
94. Imbalance of Serotonin may be linked to:  
a) Schizophrenia  
b) **Depression**  
c) Anxiety  
d) Aggression
95. Which of the following is NOT a criterion of Autism Spectrum Disorder?  
a) Deficit in Non-Verbal Communication  
b) Deficit in Understand Relationships  
c) Deficits in Social Communication  
d) **Deficits in Independent Living**
96. \_\_\_\_\_ disorder only originate at a very early age.  
a) Personality  
b) Mood  
c) Eating  
d) **Neurodevelopmental**
97. Tarantism was a concept in Europe during the \_\_\_\_\_ .  
a) Renaissance  
b) Stone  
c) Medieval  
d) **Middle**
98. Consistency of a test is referred to as:  
a) Validity  
b) Standardization  
c) **Reliability**  
d) Administration
99. It is essential to have both negative and positive symptoms for the diagnosis of which disorder?  
a) Autism  
b) Neurological disorder  
c) Mood disorder  
d) **Schizophrenia**

100. Diagnosis of which of the following can be made without using the severity specifier?
- a) Catatonia disorder due to another medical condition
  - b) Schizoaffective disorder
  - c) **Schizophrenia**
  - d) Delusion
101. At least one hypomanic episode and one major depressive episode criteria should be met for which of the following?
- a) Cyclothymia
  - b) Bipolar I disorder
  - c) **Bipolar II disorder**
  - d) Hypomania
102. Which of the following disorder is characterized by seemingly driven and apparently purposefulness motor behavior?
- a) Motor disorder
  - b) Tic disorder
  - c) Developmental coordination disorder
  - d) **Stereotypical movement disorder**
103. Which of the following is NOT a characteristic of Anxiety Disorder?
- a) Anticipation of future threat
  - b) **Loss of pleasure**
  - c) Avoidant behavior
  - d) Muscle tension
104. Which of the following disorder requires specifying the type like, bipolar type or depressive type?
- a) Brief psychotic disorder
  - b) Schizoaffective disorder
  - c) **Schizophreniform disorder**
  - d) Delusion disorder
105. Which of the following disorders are also as “free floating anxiety”?
- a) Social anxiety disorder
  - b) Panic attack
  - c) **Generalized anxiety disorder**
  - d) Agoraphobia
106. A patient in catatonic position but has enough flexibility that allows you to move body but again sustain the typical position, is termed to have which of the following?
- a) Negativism
  - b) Posturing
  - c) **Waxy Flexibility**
107. An uninterrupted period of illness during which there is a major mood episode, major depression or mania, with co-occurrence of schizophrenia refers to which of the following disorder?
- a) **Schizoaffective disorder**
  - b) Schizophreniform disorder
  - c) Brief psychotic disorder
  - d) Delusion disorder
108. The differential diagnosis between the schizophrenia and brief psychotic disorder is:
- a) **Symptoms**
  - b) Intensity

- c) Criteria  
d) Duration
- 109.** Depressed mood loss of interest or pleasure, significant weight loss or gain, insomnia or hypersomnia are major feature of which disorder?
- a) Substance/medication induced  
b) Disruptive mood dysregulation disorder  
c) **Major depressive disorder**  
d) Persistence depressive disorder
- 110.** Which of the following neurotransmitters are associated with depressive disorder?
- a) Serotonin  
b) **Norepinephrine**  
c) Dopamine  
d) Serotonin and Norepinephrine both
- 111.** The presence of both, multiple motor and one or more vocal tics at times during the illness, although not necessary appears at the same time, is a criteria of:
- a) **Tourette's disorder**  
b) Tic disorder  
c) Developmental coordination disorder  
d) Stereotypic movement disorder
- 112.** The fluctuation of which neurotransmitter can play a key role in the development of panic disorder?
- a) Dopamine  
b) **Serotonin**  
c) Glutamate  
d) Norepinephrine
- 113.** How many types schizophrenia spectrum and other psychotic disorders have?
- a) 9 types  
b) **10 types**  
c) 8 types  
d) 7 types
- 114.** The disorder in which psychotic symptoms become visible but due to any other medical condition is called:
- a) Brief psychotic disorder  
b) **Psychotic disorder due to another medical condition**  
c) Delusion disorder  
d) Schizophreniform disorder
- 115.** Which of the following is NOT a psychological concept address the etiology of depression?
- a) **Irrational thinking by Albert Bandura**  
b) Negative thinking by Aron beck  
c) Suppressed unpleasant memories by Freud  
d) Learned helplessness by Seligman
- 116.** Which of the following is a type of Bipolar and related disorder characterized by long duration and comparatively condition?
- a) **Cyclothymic disorder**  
b) Hypomania  
c) Bipolar I disorder  
d) Bipolar II disorder

117. The symptoms of stupor, catalepsy, waxy flexibility, mutism, negativism, posturing, mannerism, stereotype, agitation, not influenced by external stimuli is the diagnostic criteria of which of the following?
- a) Brief psychotic disorder
  - b) Schizophrenia
  - c) Delusion disorder
  - d) Catatonia associated with another mental disorder**
118. In children, the anxiety must occur in \_\_\_\_\_ settings and not just during interactions with adults.
- a) Parents
  - b) Home
  - c) Peer**
  - d) School
119. Which of the following is the most significant specifier which needs to identify in multiple episodes of schizophrenia?
- a) Unspecified, acute, partial remission
  - b) Currently acute, continuous, remission
  - c) Currently in remission, chronic, full remission
  - d) Currently acute, partial remission, a full remission**
120. When individual adds in the main stream behavior as part of any disorder, it is called:
- a) Positive symptoms
  - b) Negative symptoms
  - c) Hallucinations
  - d) Delusions**
121. A prominent and persistent disturbance in mood elevated irritable mood, depressive symptoms, during or soon after substance intoxication or withdrawal is known as which disorder?
- a) Bipolar II disorder
  - b) Cyclothymic disorder
  - c) Bipolar I disorder
  - d) Substance/medication induced bipolar disorder**
122. In which of the motor disorder, individual finds difficulty in motor movements the dropping things etc. which is manifested as clumsiness?
- a) Motor disorder
  - b) Developmental coordination**
  - c) Tic disorder
  - d) Stereotypic movement disorder
123. Which of the following is NOT a symptom of Agoraphobia?
- a) Being in open spaces
  - b) Public speaking**
  - c) Being in a crowd
  - d) Using public transportation
124. Which of the following personality trait can be a reason to develop Selective Mutism?
- a) Extrovert
  - b) Parental Overprotection
  - c) Conscientiousness
  - d) Neuroticism**
125. Repetitive motor movements interfere with social academic or other activities and may result in self-injury in which of the following disorder?

- a) Developmental coordination disorder
  - b) Tic disorder
  - c) Stereotypic movement disorder**
  - d) Motor disorder
- 126.** Zoya is showing depressive symptoms with no psychological reasons but there is prevalence of some medical conditions so, she would be diagnosed?
- a) Depressive disorder due to another medical condition
  - b) Other specified depressive disorder
  - c) Disruptive mood dysregulation disorder**
  - d) Major depressive disorder
- 127.** In which of the following the involved substance/medication is capable of producing the symptoms of delusions and hallucination?
- a) Brief psychotic disorder
  - b) Substance/medication – induced psychotic disorder**
  - c) Delusion disorder
  - d) Schizophrenia form disorder
- 128.** The professor gives difficult test' is which type of attribution style?
- a) Specific external (stable)**
  - b) Specific external (unstable)
  - c) Global internal (stable)
  - d) Global internal (unstable)
- 129.** What is the main difference the manic and hypomanic episode?
- a) Symptoms**
  - b) Condition
  - c) Duration
  - d) Behavior
- 130.** In substance/medication – induced psychotic disorder, there is evidence from the history, physical examination, or laboratory findings that there is presence of which of the following symptom?
- a) Chronic episode and delusion
  - b) Acute episode and hallucinations
  - c) Positive and negative symptoms
  - d) Delusion and hallucination**
- 131.** Which disorder involves abnormally and persistently elevated, expansive, or irritable mood and abnormally increased goal- directed activity or energy from four consecutive days?
- a) Hypomanic episode of bipolar and related disorders
  - b) Bipolar and related disorders
  - c) Depressive episode of bipolar and related disorder
  - d) Manic episode of bipolar and related disorder**
- 132.** Which of the following disorder involves a sudden, rapid, recurrent and non – rhythmic motor movement or vocalization?
- a) Developmental coordination disorder
  - b) Tourette's disorder
  - c) Tic disorder**
  - d) Stereotypic movement disorder
- 133.** Which of the following is the most decisive factor while diagnosing Social Anxiety Disorder?
- a) Fear of closed spaces
  - b) Fear of people**
  - c) Fear of performance

d) Fear of evaluation

**134.** Which of the following disorder is initially known as affect and mood disorder?

a) Psychotic disorder

b) Schizophrenia

c) **Depressive disorders**

d) Neurotic disorders

**135.** Which of the following contains the mixed features of mood disorder and schizophrenia?

a) **Schizoaffective disorder**

b) Brief psychotic disorder

c) Schizophreniform disorder

d) Delusion disorder

**136.** How many types of Motor Disorders have?

a) 2 types

b) **3 types**

c) 5 types

d) 4 types

**137.** Which of the following is the main reason behind Separation Anxiety?

a) **Loss of significant other**

b) Lenient parenting

c) Accident

d) Genes

**138.** Depressive symptoms cause clinically significant distress or impairment but do not meet the full criteria for any of the depressive disorders, refer to which disorder?

a) Substance/medication induced depressive disorder

b) **Other specified depressive disorder**

c) Disruptive mood dysregulation disorder

d) Persistence depressive disorder

**139.** Adoption studies have implicated genetic factors and molecular biologists have identified genes, associated with:

a) **Unipolar depression**

b) Major depression

c) Hypomania

d) Mania

**140.** In which of the following disorder “the selective emphasis on negative events” play a key role?

a) Panic disorder

b) Selective mutism

c) **Generalized anxiety disorder**

d) Social anxiety disorder

**141.** A condition that features extreme shifts in mood and fluency and activity level refers to which of the following?

a) Motor disorders

b) **Bipolar and related disorders**

c) Depressive disorders

d) Communicated disorders

**142.** Which principal of behavioral school of thought is responsible for the development of specific Phobias are developed?

a) **Classical conditioning**

- b) Observation
  - c) Operant conditioning
  - d) Reinforcement
143. Cold, aloof, conflict inducing mothers, do not communicate clearly with children, and have high conflicts in family contribute in the development of which disorder?
- a) **Schizophrenia and other psychotic disorder**
  - b) Autism
  - c) Mood disorders
  - d) Communication disorders
144. Aleena is fluent in English and has a high command on physics but she is not speaking in physics class for last five weeks. She might be experiencing?
- a) **Separation Anxiety**
  - b) Agoraphobia
  - c) Selective Mutism
  - d) Social Anxiety Disorder
145. In brief psychotic disorder, what is the most important to specify?
- a) What duration
  - b) What intensity
  - c) **With marked stressor(s)**
  - d) What correlation
146. Which of the following disorder previously known as manic depressive disorder?
- a) Depressive disorders
  - b) Communication disorders
  - c) **Bipolar and related disorder**
  - d) Anxiety disorder
147. Ashfaq 48 years old showed depressed mood for at least 2 years but Umer 11 years old showed irritable mood for 1 year, both are following disorder?
- a) Other specified depressive disorder
  - b) Major depression disorder
  - c) Disruptive mood dysregulation disorder
  - d) **Persistence depressive disorder**
148. Which of the following condition differentiate between Agoraphobia without panic attack?
- a) Persistent concern of future episode
  - b) Fear of crowd
  - c) Fear of losing control
  - d) **Palpation**
149. Which part of the brain is closely associated with panic disorder?
- a) **Amygdala**
  - b) Hippocampus
  - c) Cerebral cortex
  - d) Frontal lobe
150. 'Delusions developed during or soon after substance intoxication or withdrawal or after exposure to a medications' is one of the diagnostic criteria of:
- a) Brief psychotic disorder
  - b) Schizophrenia form disorder
  - c) **Substance/medication – induced psychotic disorder**
  - d) Delusion disorder

151. In which of the following disorder the individual cannot distinguish between the real and imagined and previously called paranoid disorder?
- a) Brief psychotic disorder
  - b) Schizophreniform disorder**
  - c) Schizoaffective disorder
  - d) Delusion disorder
152. Which of the following is NOT linked with Carl Rogers?
- a) Unconditional Positive Regard
  - b) Genuineness
  - c) Accurate Empathy
  - d) Individual Psychology**
153. Which of the following child is likely to be more competitive according to Adler?
- a) First Born**
  - b) Last Born
  - c) Middle Born
  - d) Only Born
154. Cortisol is secreted from \_\_\_\_\_ gland.
- a) Endocrine
  - b) Exocrine
  - c) Thyroid
  - d) Adrenal**
155. Who proposed the musical therapy for treating mental disorders?
- a) Al – Ghazali
  - b) Ibn – Khuldun
  - c) Ibn – Sina
  - d) Al – Razi**
156. Which of the following is NOT a self – report test?
- a) Thematic Apperception Test**
  - b) Minnesota Multiphasic Personality Inventory
  - c) Big Five Inventory
  - d) Cattell's 16 Personality Factors Test
157. Sound and syllable repetition is one of the salient features of:
- a) Language disorder
  - b) Speech sound disorder
  - c) Social communication disorder
  - d) Childhood – onset fluency disorder**
158. Which of the following cause anxiety about speaking limits affective communication, social participation or academic or occupational performance?
- a) Social communication**
  - b) Language disorder
  - c) Autism
  - d) Stuttering
159. Pharmacological treatment is best linked with which of the following modality?
- a) Psychoanalytical
  - b) Biological**
  - c) Behavioral
  - d) Humanistic
160. Suicidal ideation is best linked with which of the following?
- a) Dysfunctionality

- b) Deviation
- c) Distress

**d) Danger**

**161.** Rational Emotive Behavior Therapy was presented by:

- a) B.F Skinner
- b) Alfred Adler
- c) Carl Jung

**d) Albert Ellis**

**162.** Which of the following is INCORRECT about intellectual disability?

- a) There's a deficit in Adaptive Functioning
- b) A clinical/formal assessment is necessary
- c) **The person has to be in his late adulthood**
- d) There's deficit in Social Functioning

**163.** Assessment of Thought Pattern in Mental Status Examination does NOT include:

- a) Relevance
- b) Clarity
- c) **Orientation**
- d) Flow

**164.** 'Difficulties in understanding what is not explicitly stated' is one of the features of:

- a) Stuttering
- b) Communication disorders
- c) Language disorders
- d) **Social communication disorder**

**165.** A behavior being copied and adopted by an individual is known as

- a) \_\_\_\_\_
- b) Irrational Cognition
- c) Intrapyschic Conflict
- d) **Learned Response**
- e) Sociocultural Factor

**166.** A student is scoring good marks consistently in his class but he has not even once reached the class in time. Which of the following is at work here?

- a) Danger
- b) Distress
- c) Deviance
- d) **Dysfunction**

**167.** Inattention and disorganization, and hyperactivity – impulsivity are two main salient features of which disorder?

- a) Communication disorder
- b) Social communication disorder
- c) **Attention Deficit Hyperactivity Disorder**
- d) Autism

**168.** If a person has a belief that people are always looking to ridicule him, which of the following is likely linked to this?

- a) Intrapyschic Conflict
- b) Learned Response
- c) **Irrational Cognition**
- d) Sociocultural Factor

**169.** Sara, one year old girl feels pleasure by the things such as chewing sucking and biting. She is on which stage of psychosexual development?

- a) Phallic
- b) Anal
- c) **Oral**
- d) Latency

170. Imbalance in the norepinephrine neurotransmitter may result in:

- a) Aggression
- b) Schizophrenia
- c) Anxiety
- d) **Depression**

171. \_\_\_\_\_ is a type of social therapy would require the least resources and greater outputs.

- a) Group Therapy
- b) Community Treatment
- c) **Family Therapy**
- d) Couple Therapy

172. While specifying reading learning disability which one of the following needs to be considered?

- a) Accurate of fluent calculation
- b) Number sense
- c) Spelling accuracy
- d) **Word reading accuracy**

173. Which of the following is NOT linked with Carl Rogers?

- a) Individual Psychology
- b) Genuineness
- c) Unconditional Positive Regard
- d) Accurate Empathy

174. The process of venting emotions out as a way to release or get rid of repressed feelings and emotions is called \_\_\_\_\_.

- a) **Catharsis**
- b) Dreams
- c) Transference
- d) Resistance

175. Identify one of the significant specifier of the diagnostic criteria of Attention Deficit Hyperactivity Disorder.

- a) Setting in which symptoms shown
- b) **Whether Combined presentation inattentive, or hyperactive**
- c) Age and gender
- d) Duration of the symptoms

176. Only \_\_\_\_\_ can provide a therapy to the client.

- a) **Psychologist**
- b) Social Worker
- c) Doctor
- d) Psychiatrist

177. A seven years old child, often run about or climbs in inappropriate situation, and often remains 'on the go' like having little impulse control is suffering from which of the following disorder?

- a) Impulsivity
- b) Hyperactivity
- c) Inattention
- d) **Hyperactivity & Impulsivity**

178. \_\_\_\_\_ is linked with imbalance of Dopamine in the brain?

- a) Anxiety
- b) Schizophrenia**
- c) Aggression
- d) PTSD

**179.** A psychology found that JKL is a 12 years old boy belonging to a very poor family. His father is suffering from OCD for the past 10 years. He experiences when he was 2 years old and has recently been diagnosed with OCD as well. Which of the following model of psychology best explain JKL's OCD.?

- a) Humanistic
- b) Sociocultural
- c) Biopsychological**
- d) Psychoanalytical

**180.** Which of the following is NOT a criteria of Autism spectrum Disorder?

- a) Deficits in Independent Living**
- b) Deficits in Understand Relationships
- c) Deficits in Social Communication
- d) Deficits in Non Verbal Communication

**181.** Oedipus complex is a characteristic of \_\_\_\_\_ stage.

- a) Latent
- b) Genital
- c) Anal
- d) Phallic**

**182.** A persistent difficulty with speech sound production that interferes with speech intelligibility or prevents verbal communication of messages is:

- a) Special communication disorder
- b) Child – onset fluency disorder**
- c) Speech sound disorder
- d) Language disorder

**183.** Ahmad is a 10 – year old boy, he finds it difficult to organize his belongings and manages his class work. He also fails to follow the sequence in games and activities. He would be diagnosed with which of the following?

- a) Hyperactive
- b) Inattentive**
- c) Autistic
- d) Impulsive

**184.** \_\_\_\_\_ was formerly know as Mental Retardation.

- a) Asperger's Disorder
- b) Global Developmental Delay
- c) Intellectual Disability**
- d) Autism Spectrum Disorder

**185.** Defense mechanisms are protective methods of:

- a) ID
- b) Consious
- c) Ego**
- d) Super Ego

**186.** LMN couldn't get married to the girl that he loved. He felt heartbroken always suggested later that females are disloyal. Which of the following defense mechanism was adopted by LMN to cope?

- a) Reaction Formation**
- b) Displacement
- c) Projection

d) Rationalization

187. Clinical interview is a type of \_\_\_\_\_ .

a) **Informal Assessment**

b) Behavioral Observation

c) Formal Assessment

d) Personality Test

188. Unconditional positive regard is the characteristic presented by which of the following?

a) Albert Ellis

b) Abraham Maslow

c) **Carl Roger's**

d) Carl Jung

189. A person might account for a bad mood or general rude behavior by explaining that bad traffic affected the morning commute. This is an example of what?

a) **Displacement**

b) Rationalization

c) Sublimation

d) Reaction Formation

190. Which disorder involves lack in effective communication, social participation and social relationships?

a) **Social communication disorder**

b) Stuttering

c) Communication disorders

d) Language disorders

191. Which severity level of Attention Deficit Hyperactivity Disorder (ADHD) does not impact the academic performance?

a) Moderates

b) Mild

c) Severe

d) **Unspecified**

192. Which of the following is NOT a part of the speech assessment of Mental Status Examination?

a) Volume

b) Rate

c) Quality

d) **Flow**

193. The disturbances in normal fluency, time patterning of speech which is inappropriate for the individual's age and language skills is:

a) Speech sound disorder

b) Social communication disorder

c) Language disorder

d) **Child – onset fluency disorder**

194. Which of the following best describes a person's excessive concern and care their skin?

a) Dysfunction

b) Distress

c) Danger

d) **Deviation**

195. Which of the following provides the personal details about the client?

a) Social Worker

**b) Informant**

- c) Psychologist
- d) Psychiatrist

**196.** Preconscious refers to things which are:

- a) Inside awareness but inaccessible
- b) Inside awareness and accessible
- c) Outside awareness but accessible**
- d) Outside awareness and inaccessible

**197.** The therapy that draws techniques from different therapies according to needs of the client is known as\_\_\_\_\_.

**a) Existential Therapy**

- b) Modeling
- c) Client Centered Therapy
- d) Eclectic Therapy

**198.** Which of the following is NOT an irrational belief?

- a) My business should earn millions every year
- b) I am always correct
- c) Everyone should respect me

**d) I should secure maximum marks in the quiz**

**199.** Which of the following is an characteristic of neurodevelopmental trait?

- a) Loss of appetite
- b) Excessive weight loss
- c) Impaired social skills**
- d) Fear of weight gain

**200.** EFG was hit by his mother accidently which made him angry. He turn slapped his younger brother multiple times across the face. Which defense mechanism has been adopted by EFG?

- a) Sublimation
- b) Reaction Formation**
- c) Displacement
- d) Projection