

# Solved by sadaf anjum

1) \_\_\_\_\_ is a Greek word which means forgetfulness.

- **Amnesia**
- Dementia
- Alzheimer's disease

None of the above option

2) \_\_\_\_\_ are the people who are quiet, passive and careful people

- Extroverts
- **Introverts**
- Neurotics
- Stable

3) MMPI stands for \_\_\_\_\_.

- Minnesota Multiphasic Personal Inventory
- **Minnesota Multiphasic Personality Inventory**
- Minnesota Multiphasic Psychology Inventory

None of the above options

4) \_\_\_\_\_ is the universal forms and patterns of thought. These include themes that can be seen in myths e.g. masculinity, femininity, good and evil opposites

- Ego
- Superego
- Unconscious
- **Archetypes**

5) The branch of psychology that studies cognition, and related areas issues are called \_\_\_\_\_.

- Forensic psychology
- **Cognitive psychology**
- Counseling psychology
- Clinical psychology

6) According to \_\_\_\_\_ every emotional arousal has an opposite, i.e. When one type of emotion is elicited, and then there must be an opposite that is there to suppress or cancel it.

- **Opponent process theory**

- Activation theory
- Cognitive theory
- None of the above option

7) \_\_\_\_\_ was the first person who identify pupillometrics phenomenon.

- William James
- Wilhelm Wundt
- Lazarus
- **Darwin**

8) \_\_\_\_\_ derives from the Latin word “Emovere” means to excite, stir up.

- Motion
- **Emotion**
- Motivation
- Cognition

9) According to Woodworth Memory =L -I -R, R stands for \_\_\_\_\_.

- recording
- **remembering**
- resonance
- recall

10) During which stage of development, the Oedipal and Electra complex takes place?

- The Latency Period
- The Anal Stage
- The Oral Stage
- **The Phallic Stag**

11) Which of the following system is a chemical communication network that sends messages through out the nervous system via the bloodstream?

- **Endocrine**
- Neuron
- Electrical
- Central

12) Which of the following school of thought gave emphasis on the structure of consciousness?

Functionalism

**Structuralism**

Behaviorism

Gestalt school of thought

13) Which of the following model focuses on how people know, understand and think about the world?

- **Cognitive model**
- Behavioral model
- Humanistic model
- Psychodynamic model

14) A branch of psychology that studies the psychology in action at the workplace is known as which of the following?

- **Clinical psychology**
- Forensic psychology
- Health psychology
- Industrial / Organizational Psychology

15) "The whole is greater than the sum of the parts" is a statement associated with the perspective of \_\_\_\_\_.

- Introspection
- **Gestalt psychologists**
- Psychoanalysis
- Functionalism

16) Which of the following terms do NOT belong together?

- **Natural selection; functionalism**
- Psychoanalysis; unconscious conflict
- **Structuralism; observable behavior**
- Gestalt; whole

17) Who was an early proponent of functionalism?

- Wilhelm Wundt
- Ivan Pavlov
- **William James**
- Max Wertheimer

18) Who claimed that behavior is affected by positive reinforcement?

- B. F. Skinner
- Sigmund Freud
- William James
- Wilhelm Wundt

19) Tahir often experiences intense feelings of anger and frustration. In order to cope with these feelings, he enrolls in a kickboxing class as an outlet for his emotions. Tahir's actions are an example of which type of defense mechanism?

- Projection
- **Displacement**
- Repression
- Sublimation

20) According to Hippocrates, Choleric humor is associated with the temperament of \_\_\_\_\_.

- Cheerful and active
- Sad
- **Angry and aggressive**
- Calm and passive

21) As Saadia is walking across the campus, a car swerves toward her. Her heart beat races and sweat breaks out as she jumps out of harm's way. This mobilization of energy is due to the action of Saadia's \_\_\_\_\_ system:

- **Sympathetic**
- Para sympathetic
- Somatic nervous
- Skeleton nervous

22) American Psychological Association has \_\_\_\_\_ divisions.

- **1. 55**
- 2. 65
- 3. 54
- 4. 45

23) \_\_\_\_\_ version of DSM was published in 2000

- DSM III
- DSM IV
- **DSM IV TR**
- DSM II

24) \_\_\_\_\_ contributions began with the revolutionary changes at the La Bicetre hospital in Paris.

- **Philippe Pinel**
- Galen
- Plato

- Mesmer

25) Hierarchical theory of intelligence is consists of \_\_\_\_\_ levels.

- 1. 3
- 2. 4
- 3. 5
- 4. 6

26) According to Sternberg theory, intelligence has three components which component is not a part of this theory.

- Analytic intelligence
- Crystalline intelligence
- Practical intelligence
- Creative intelligence

27) If a man experiences chest pains while at a department store, and later experiences anxiety attacks when visiting department stores, this can be explained by what type of learning?

- Operant
- Classical conditioning
- Observational
- Vicarious

28) Who proposed that a power similar to magnetism existed in humans?

- Franz Friedrich Anton Mesmer
- Philippe pinel
- Galen
- Plato

29) Social phobia is characterized by \_\_\_\_\_.

- A fear of people
- A fear of rejection
- A fear of social situations
- A fear of social isolation

30) Who was the founder of REBT?

- Allbert Ellis
- Aron beck
- Albert Einstein
- Aron Feldr

31) Which one is NOT a type of schizophrenia?

- Disorganized type
- Catatonic type
- Paranoid type
- **Differentiated type**

32) Which model of psychotherapy consists of Systematic de-sensitization and contingency management?

- Biological
- Family and couples.
- **Behavioral**
- Cognitive

33) Name the concept when there is a feeling of integration between the self and ideal self.

- Empathy
- Respect
- **Congruence**
- Genuineness

34) When our initial perception about a person is positive then we tend to expect that same person has other positive characteristics too is known as \_\_\_\_\_.

- Halo effect
- Social influence
- Hello effect
- Positive effect

35) In terms of its causes and the factors affecting its course, bipolar disorder is most similar to which of these disorders?

- Panic disorder.
- Schizophrenia.
- Substance use disorders.
- Unipolar depression.

36) \_\_\_\_\_ is a defense mechanism which refuses to acknowledge or accept anxiety provoking thoughts or impulses. Displacement

- Displacement
- **Denial**
- Projection
- None of the above

37) Structures of consciousness, according to psychodynamic approach, are conscious, subconscious, \_\_\_\_\_ and unconscious.

- Super conscious
- Hyperconscious

- Non conscious
- None of the above

38) \_\_\_\_\_ described personality in terms of two major dimensions.

- **ttellCa**
- Eysenik
- Adler
- None of the above

39) TAT is a \_\_\_\_\_.

- Self Report Inventory
- **Projection Test**
- Perception Test
- None of the above

39) \_\_\_\_\_ was the first to use the term “Mental Test” for devices used to measure intelligence.

- Galton
- **Cattell**
- Thorndike
- None of the above

40) Multiple Intelligence theory maintains that human possesses around \_\_\_\_\_ kinds of intelligence.

- Seven
- Eight
- Two
- None of the above

41) Binet and Simon were \_\_\_\_\_ scientists. They were the first to measure intelligence formally.

- German
- American
- **French**

None of the above

42) Cole and Hass gave the idea of \_\_\_\_\_.

- Social Intelligence
- **Moral Intelligence**
- Emotional Intelligence
- None of the above

43) Available statistics show that majority of the people have an I.Q level between \_\_\_\_\_.

- 75 - 115
- 80 - 115
- 85 - 115
- None of the above

44) According to \_\_\_\_\_ information is remembered in terms of schemas.

- Maslow
- John Jenkins
- Bartlet
- None of the above

45) MCI stands for \_\_\_\_\_.

- Memory Critical Impairment
- Memory Coding Impairment
- Memory Cognitive Impairment
- None of the above

46) A process which is responsible for a stable and well-maintained state of internal biological balance is called \_\_\_\_\_.

- Motivation
- Adaptation
- Metabolism
- None of the above

47) A motivation from within that energizes the person to satisfy or accomplish a goal in which no external tangible reward is involved is called \_\_\_\_\_.

- Intrinsic Motivation
- Curiosity
- Extrinsic Motivation
- None of the above

48) \_\_\_\_\_ has a dual function. Its functions are both arousing and alarming.

- S.N.S
- P.N.S
- A.N.S
- None of the above

49) Galton considered intelligence to be \_\_\_\_\_.

- Not heritable
- Similar between most people
- **A property of our nervous system or hereditary**
- The product of social differences

50) Who proposed that a power similar to magnetism existed in humans?

- Franz Friedrich Anton Mesmer
- **Philippe pinel**
- Galen
- Plato