

Abnormal Psychology (PSY404)

(Spring 2008)

Quiz 01

Total marks 10

Highlight the most suitable answer from the options given

1. Clinical description of a disorder includes prevalence, incidence and

_____.

- a. Sex ratio
- b. Course
- c. Prognosis
- d. All of the given options

2. _____ contributed a lot in the diagnosis and classification of psychological disorders.

- a. J.P. Grey
- b. Emil Kraepelin
- c. Sigmund Freud
- d. Wolpe

3. You see a beautiful wallet in the showcase. You feel a compulsion to buy it on reaching the counter you came to know that you have bought a lot of things and do not have money to buy but you are unable to control your urge to have it. Which part of your personality is dominated at this time?

- a. Id
- b. Ego
- c. Super Ego
- d. None of the given options

4. _____ is the genetic make up of an individual.

- a. Genotype
- b. Phenotype
- c. Monotype
- d. All of the given options

5. _____ is a technique in which behavior is learned by reinforcing the successive steps till reaching the final behavior.

- a. Shaping
- b. Systematic desensitization

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- c. Positive reinforcement
- d. Learning through observation

6. _____ is carried out to see relationship of genetic make-up and behavior.

- a. Adoption studies
- b. Twin studies
- c. Linkage analysis
- d. Association analysis

7. _____ enables us to generalize the research results on larger level.

- a. External validity
- b. Statistical significance
- c. Research design
- d. Internal validity

8. Participants are allocated to different groups through randomization or matching to control _____.

- a. Observer's bias
- b. Participant bias
- c. Dependent variable
- d. Confounding variable

9. In _____ research design we study changes in a disorder over time.

- a. Correlational
- b. Survey
- c. Longitudinal
- d. Cross sectional

10. Defense mechanisms are used when _____.

- a. Id is dominating
- b. Ego is dominating
- c. There is a conflict between ego and super ego
- d. Ego is unable to mediate the id and superego

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Quiz 03

TOTAL MARKS: 10

1. All during the day, Asad has repetitive thoughts about dirt and germs. To deal with these unpleasant images, he carefully washes and disinfects his hands precisely three times each hour. Asad's thoughts reflect _____ and his washing behavior reflects _____.

Generalized anxiety; panic disorder

An obsession; a compulsion

A simple phobia; a social phobia

A compulsion; an obsession

2. Linda just does not enjoy doing much of anything lately. She blames herself for all of her failures in life. She has lost interest in food and social activities, and most days she just stays in bed. If these symptoms last more than two weeks, then she may be diagnosed as having:

Bipolar disorder

Antisocial personality

Major depression

Agoraphobia

3. Which one of the following statements about suicide is inaccurate?

More men than women complete their attempted suicides

More women than men attempt suicide

Depression is not associated with suicide attempts

One of the best predictors of suicide is a sense of hopelessness

4. Raheel has been diagnosed with major depression. He has all the following symptoms EXCEPT:

Elation

Psychomotor retardation

Sadness

Poor appetite

5. Agoraphobia is the fear of:

Open places

Public places

Markets

All of the given options

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Quiz 03

TOTAL MARKS: 10

6. Acute stress disorder is similar to _____ but its symptoms last for at least two days but not more than four weeks.

- Post traumatic stress disorder
- Panic attacks
- Generalized anxiety disorder
- All of the given options

7. _____ therapy focuses on irrational and illogical belief system.

- Systematic desensitization
- REBT
- Aversion therapy
- Flooding

8. Arsalan is showing numerous periods with hypomanic symptoms and numerous periods with depressed mood for at least two years. He is suffering from which of the following disorders?

- Cyclothymic
- Dysthymic
- Major depression
- Bipolar disorder II

9. Sana, a diagnosed patient of depression, has the complaints of change in appetite and sleep patterns. These symptoms are called _____ symptoms of depression.

- Somatic
- Behavioral
- Cognitive
- Both somatic and behavioral

10. _____ is a return of active symptoms in person who has recovered.

- Remission
- Relapse
- Incidence
- Onset

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Quiz 04

Total Marks 10

1. Ali is excessively mistrustful and suspicious of others, without any justification. He may have _____ personality disorder.

Schizoid
Schizotypal
Paranoid
Borderline

2. Praise or criticism doesn't have any affect on the person with _____.

Obsessive compulsive personality disorder
Schizoid personality disorder
Depression
Social withdrawal

3. People with _____ are socially isolated and behave in an way that seems unusual and not normal.

Obsessive compulsive personality disorder
Schizoid personality disorder
Schizotypal personality disorder
Depression

4. People with dependent personality disorder:

Rely on others for even minor decisions
Avoid the social interaction
Are involved in illegal affairs
All of the given options

5. In _____ unexplained physical symptoms indicate the conversion of unconscious emotional conflicts into more acceptable form.

Hypochondriasis
Conversion disorders
Dissociative disorders
Somatization disorder

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Quiz 04

Total Marks 10

6. _____ is characterized by the fear that one has a serious disease.

- Hypochondriasis
- Conversion disorders
- Dissociative disorders
- Somatization disorder

7. Mostly people believe that hypochondriasis is basically a disorder of _____.

- Faulty thinking or cognition
- Emotions
- Wrong learning
- Unconscious wishes

8. According to DSM-IV at least _____ symptoms are required to diagnose a person as suffering from Somatization disorder.

- Five
- Six
- Eight
- Ten

9. Alina use to keep on standing in front of the mirror for hours. She thinks that she has so many defects with her facial features. She frequently thought of consulting a cosmetic surgeon. These symptoms may be an indication of which of the following?

- Conversion disorder
- Body dysmorphic disorder
- Obsession
- Imagined ugliness

10. Dissociative amnesia and fugue usually occur in which of the following age?

- Childhood
- Adolescence
- Adulthood
- Old age