

PSY101 – Introduction to Psychology

IMPORTANT TOPICS

by Team VU Global

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PSY101 IMPORTANT TOPICS

- Functions of memory
- LIR stands for
- Memory shortage houses
- Iconic and echonic
- Short term memory
- Process for transferring short term memory into long term memory
- Components of working memory
- Flashbulb memory
- Tip of tongue phenomenon
- Menomics
- Difference bw proactive & retroactive
- Types of motives
- Note on hunger
- Brain role in hunger drive
- Eating disorders
- TaT
- Instinct theory
- Primary and secondary drives
- Intrinsic & extrinsic motivation
- Maslow's hierarchy
- Components of emotions
- Mc Dougall 3 types of emotions
- Role of Nervous system in emotions
- ANS
- Areas of brain of emotions
- All theories of emotions, james cannon schachter etc
- Definition of cognition and thinking
- Mental images and concepts
- Fundamental elements of thinking
- Types of concepts
- Prototypes
- Reasoning and its types
- Algorithms and heuristics
- Steps of problem solving
- Problem solving
- Creativity
- Stages of creativity
- Divergent and convergent
- Lateral vs vertical
- Reversal analogy and cross fertilization
- Psychodynamic approach
- Personality definition
- Unconscious contains
- Structure of consciousness
- Psychodynamic model of personality
- Oedipal and electra complex
- Defense mechanisms
- Note on anxiety
- Neuroses
- Traits
- 3 classic categories of traits
- Factor analysis
- 2 types of traits by catell
- Eysenck dimensions of personality
- Learning approach principles
- Albert humanistic self actualization temperament and twin study
- Assessment of personality
- MMPI
- TAT thematic appreciation test
- Definition of intelligence
- Thorndike's theory and 3 divisions

- Crystalline and fluid intelligence
- Components of intelligence
- Gardner's 8 kinds of intelligence
- Hierarchical theory of intelligence
- IQ definition and formula
- WAIS-R & WISC III
- Verbal scale and performance scale
- Moral intelligence
- Aspects of EQ
- 4 temperaments of personality
- Abnormality
- Axes of DSM IV TR
- Anxiety disorder
- Panic disorder
- Phobias
- Disorders
- Schizophrenia
- Mood disorders
- Psychoanalysis
- Dream content
- Transference and counter transference
- 3 behavior therapy
- Shaping
- Handouts Page 222
- Roger's therapist 3 qualities
- ABC model and components
- Social psychology
- Agents of attitude formation
- Persuasion
- Central and peripheral route
- Halo effect
- Stereotypes
- Health psychology
- Learned helplessness
- Health principles
- Stress, health and illness
- Nature of stressor
- Hans selye model
- Coping with stress
- Industrial psychology
- Hard and soft criteria
- Job analysis
- Handouts page 241
- Decentralized and centralized decisions
- Customer psychology
- Soft sell and hard sell appeal
- Psychographics
- Sport psychology
- Athletes low or high scores
- Arousal
- Forensic psychology
- Role of psychologist in legal systems
- Role of forensic psychologist
- Psychology of women

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KEEP SMILING
SAY NO TO CURRUPTION
HELPOOTHERS

Regards,
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