

رَبِّ اشْرَحْ لِي صَدْرِي وَيَسِّرْ لِي أَمْرِي وَاحْلُلْ عُقْدَةً مِنْ لِسَانِي يَفْقَهُوا قَوْلِي

اے میرے رب! میرا سینہ میرے لئے کھول دے اور میرے کام کو مجھ پر آسان کر دے اور میری زبان کی گره بھی کھول دے تاکہ لوگ میری اچھی طرح بات سمجھ سکیں۔

BS PSYCHOLOGISTS TEAM

Syco---Phyco

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PSY502

HISTORY & SYSTEMS OF PSYCHOLOGY

FINAL TERM QUIZ – 3

Lesson 23 to Lesson 30

QUIZ/MCQ'S NOTES

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اگر کسی قسم کی غلطی ہوں توں آپ غلطی کی درستگی کیلیے درج ذیل نمبر پر رابطہ کر کے ہماری رہنمائی کر سکتے ہیں

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1. Which of the following is correct regarding Freud's theory?
 - a) Neurosis = Consciousness + Unconsciousness
 - b) Neurosis = Childhood experience + trauma
 - c) Neurosis = Childhood experience + Libido
 - d) Neurosis = Predisposition + trauma**
2. How many styles of leadership were recognized by Kurt Lewin?
 - a) Three**
 - b) Two
 - c) Four
 - d) Five
3. Which of the following refers to the mindset of the observer?
 - a) Unconscious field
 - b) Geographical field**
 - c) Field of experiences
 - d) Conscious field
4. Which of the following term represents the morals of our functioning?
 - a) Persona
 - b) Ego
 - c) ID
 - d) Superego**
5. Jean Charcot an article in a medical journal that hypnotism can be used to treat what?
 - a) Hysteria**
 - b) Depression
 - c) Amnesia
 - d) Schizophrenia
6. According to Leontiev _____ is a product of sensitivity to symbolic stimuli.
 - a) Intelligence
 - b) Unconsciousness
 - c) Consciousness**
 - d) Response
7. Jean Charcot wrote an article in a medical journal showing that hypnotism can be used to treat what?
 - a) Hysteria**
 - b) Depression
 - c) Amnesia
 - d) Schizophrenia
8. Which of the following refers to the mindset of the observer?
 - a) Unconscious field
 - b) Field of experience**
 - c) Conscious field
9. Braid thought of _____ as producing a "nervous sleep" which differed from ordinary sleep.
 - a) Hypnotism**
 - b) Dreams
 - c) Sleep apnea
 - d) Free association

10. Identify, which of the following is the main contribution of Kohler in the Gestalt School?
- a) Learning by imitation
 - b) Learning by insight**
 - c) Learning by trait and
 - d) Learning by con
11. Leontiev classified stimuli into _____ categories.
- a) Two**
 - b) Three
 - c) Four
 - d) One
12. According to Sigmund Freud, which of the following contains all basic need and feelings and has only one rules the “pleasure principle”?
- a) ID**
 - b) Superego
 - c) Ego
 - d) Consciousness
13. Which of the following denies both instant gratification and pious delaying gratification?
- a) Super ego
 - b) ID
 - c) Ego**
 - d) Consciousness
14. Among the following who is the main proponent of dynamic psychology?
- a) Max Wertheimer
 - b) Jean Charcat
 - c) Williom Mc.Dougal**
 - d) K M Byicon
15. Which of the following was used by drilling a hole in the skull of the mentally ill person to allow the evil or bad spirit to escape?
- a) Trepanning**
 - b) Surgery
 - c) Lobotomy
 - d) Shocking
16. Which of the following term represents the moral of our functioning?
- a) Superego**
 - b) Ego
 - c) Persona
 - d) ID
17. Freud believed that people use self-deceptive techniques for reducing stress that are known as what?
- a) Avoidance behavior
 - b) Regressive syndrome
 - c) Maladaptive behavior
 - d) Defense Mechanism**
18. In defense mechanism, a person uses which way of alleviating anxiety by retreating to an earlier period of life?
- a) Projection
 - b) Repression
 - c) Regression**
 - d) Compartmentalization

19. Which of the following is also known as an antagonist of his contemporary and fellow neurologist Jean Charcot?
- a) Jean Charcot
 - b) Bernheim**
 - c) Franz Mesmer
 - d) James Braid
20. When forget the embarrassing thing you said at work, which defense mechanism you probably use?
- a) Projection
 - b) Reaction Formation
 - c) Intellectualization
 - d) Repression**
21. Which of the following is CORRECT in the views of Ernst Kris?
- a) Ego controls regression**
 - b) Ego is maturity
 - c) Ego is pleasure principle
 - d) Ego is unreal
22. Which of the following leader is the one who believes in considering the thoughts and opinions of others for decision making?
- a) Democratic**
 - b) Laissez-fair
 - c) Authoritarian
 - d) Passive
23. Which of the following was considered as one of the founders and principal representatives of ego psychology?
- a) Heinz Hartmann**
 - b) Anna Freud
 - c) Ernst Kris
 - d) Carl Gustav Jung
24. Which of the following according to Heiz Hartmannn, integrates and coordinates tendencies in humans?
- a) Consciousness
 - b) Id
 - c) Ego**
 - d) Superego
25. Who among the following coined the words hypnotism, hypnotize, and hypnotist, which remain in use?
- a) James Braid**
 - b) Franz Mesmer
 - c) Bernheim
 - d) Jean Charcot
26. Franz Mesmer invented the method of treatment of mental disorder known as what?
- a) Free association
 - b) Mesmerism**
 - c) Q-sort technique
 - d) Hypnotism
27. Which of the following was the name of psychologist who invented mesmerism?
- a) Sameul Tuke
 - b) Philippe Pinel
 - c) Jean Charcot
 - d) Franz Mesmer**
28. Which of the following neurologist is contemporary and fellow to Bernheim?

- a) Sameul Tuke
b) Jean Charcot
c) Franz Mesmer
d) James Braid
29. According to Freud the ego is governed by which of the following principle?
a) Primary
b) Pleasure
c) Reality
d) Oedipal
30. Who was the first truly Soviet psychologist?
a) Freud
b) Adler
c) Jung
d) Vygotsky
31. The ancient man thought that which of the following were the result of soul's activities?
a) illusion
b) Environment
c) Biological deficit
d) Dreams
32. Which of the following refers to the stimuli related to the ordinary stimuli but they represented something different?
a) Imagined
b) Dynamic
c) Purposive
d) Symbolic
33. Which of the following refers to the actual environment?
a) Geographical field
b) Conscious field
c) Field of experience
d) Unconscious field
34. When you touch something hot, in Alexei Leontiev view, it is:
a) Simple stimulus
b) Ordinary stimulus
c) Common stimulus
d) Symbolic stimulus
35. Franz Mesmer proposed which of the following treatment of mental disorders?
a) Free association
b) Q – sort technique
c) Mesmerism
d) Hypnotism
36. Who concluded in his experiments on monkeys were able to solve their problems through insight?
a) Wolfgang Kohler
b) Kurt Koffka
c) Max Wertheimer
d) Edward De Bono
37. Complete the following Predisposition + trauma = _____ .
a) Neurosis
b) Psychosis
c) Allergy
d) Cancer
38. In Vygotsky's view, which of the following effect/s human development?
a) Environment

- b) Food
 - c) Hormones and glands
 - d) Prenatal exposures
39. Which theorist has theorist optimistic view of the content and dynamics of the unconscious?
- a) **Sigmund Freud**
 - b) Abraham Maslow
 - c) Karen Horney
 - d) Clark Hull
40. The process of unconsciously attributing one's own unacceptable impulses, attitude and behavior to other people or to the environment is known as what?
- a) **Projection**
 - b) Reaction formation
 - c) Sublimation
 - d) Repression
41. Kurt Lewin belongs to which of the following school of thought?
- a) Psychoanalysis
 - b) Behavioral
 - c) **Gestalt**
 - d) Humanistic
42. As proposed by Darwin, environment has an impact on man, but according to whom not only environment but in turn man tries to change the environment in his own way?
- a) Philippe Pinel
 - b) Wilhelm Wundt
 - c) **Leon Vygotsky**
 - d) Edward De Bono
43. Which of the following was considered by an ancient as a person within a person?
- a) Body
 - b) Dreams
 - c) **Soul**
 - d) Mind
44. According to Leontiev, when a person hears about food, his or her mouth starts to water. Therefore, hearing about food represent which of the following stimulus?
- a) **Symbolic**
 - b) Imagined
 - c) Purposive
 - d) Dynamic
45. What happens, according to Leontiev, when body receives stimuli from the environment?
- a) It does not react to them
 - b) Sometimes neutral and sometimes reacts
 - c) It remains neutral
 - d) **It reacts to them**
46. Who among the followings thought of hypnotism as producing a 'nervous sleep' which differed from ordinary sleep?
- a) **James Braid**
 - b) Karen Horney
 - c) William Mcdougall
 - d) Sergei Rubentein
47. According to the ancient Greeks and Romans mentally ill people were possessed by which of the following?
- a) Magicians
 - b) **Spirits**
 - c) Bishops
 - d) Souls

48. Which of the followings refers to the idea that there is kind of a mental map of the objects in environment, and this mental map helps in learning by insight?
- a) Orphism
 - b) Aphorism
 - c) Isomorphism**
 - d) Dimorphism
49. To whom Freud was impressed for using hypnotism
- a) Charles Darwin
 - b) Alfred Adler
 - c) Carl Rogers
 - d) Charcot**
50. In Mesmer's point of view, which force's imbalance makes a person mad or insane?
- a) Inner energy
 - b) Hypnotism force
 - c) Animal magnetism**
 - d) Human spirit
51. Who give the concept of mesmerism?
- a) Sameul Tuke
 - b) Jean Charcot
 - c) Franz Mesmer**
 - d) Philippe Pinel
52. How many styles of leadership were recognized Kurt Lewin?
- a) Four
 - b) Two
 - c) Three**
 - d) Five
53. Which of the followings refers to the mindset of the observer?
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 - b) Reality**
 - c) Primary
 - d) Pleasure
55. When you forget the embarrassing thing you said at work, which defense mechanism you probably use?
- a) Repression**
 - b) Projection
 - c) Reaction formation
 - d) Intellectualization
56. Which of the following term represents the morals of our functioning.
- a) ID
 - b) Persona
 - c) Ego
 - d) Superego**
57. Which of the following field of psychology-tried to see how consciousness developed and role it played in different historical stages of man's development?
- a) Historico-Evolutionary**
 - b) Developmental
 - c) Forensic
 - d) Psychoanalytical

58. Bernheim is also known as an antagonist of his which contemporary and fellow neurologist?
- a) **Jean Charcot**
 - b) Franz mesmer
 - c) Sameul Tuke
 - d) James Braid
59. Ancient people regarded mentally ill people above normal people and thought they could foretell:
- a) Dreams
 - b) Unconsciousness
 - c) **Future**
 - d) Conflicts
60. Who among the following is the founder of psychoanalysis?
- a) Carl Rogers
 - b) Alfred Adler
 - c) **Sigmund Freud**
 - d) Charlies Darwin
61. Which of the following is one of the contributions of Kurt Lewin in the field of psychology?
- a) **Field Theory**
 - b) Learning Theory
 - c) Social Cognitive Theory
 - d) Trait Theory
62. The ancient man thought that which of the following were the result of soul's activities?
- a) Illusion
 - b) Environment
 - c) Biological deficit
 - d) **Dreams**
63. Which of the following belongs to Historico- Evolutionary psychology?
- a) Jung
 - b) Adler
 - c) Freud
 - d) **Vygotsky**
64. Which theorist has the most optimistic view of the content and dynamics of the unconscious?
- a) Abraham Maslow
 - b) Clark Hull
 - c) **Sigmund Freud**
 - d) Karen Horney
65. Which of the following ancient civilization use "Trepanning" to control evil spirts?
- a) Muslim
 - b) Romans
 - c) Greek
 - d) **Egyptian**
66. Who proposed that in the mind of individuals, there is a map which according to him is the explanation of the things around him?
- a) William Mcdougall
 - b) Edward De Bono
 - c) **Wolfgang Kohler**
 - d) Kurt Lewin
67. Which of the following is also known as Hormic Psychology?
- a) **Dynamic psychology**
 - b) Existential psychology
 - c) Forensic psychology
 - d) Gestalt psychology

68. Which of the following field has also received important contributions of Lewin?
- a) **Group dynamics**
 - b) Prejudice
 - c) Education
 - d) Physiology
69. Mad or mentally ill were regarded as witches and wizards, and instead of treating them they were tortured and some were burnt to death in which of the following eras?
- a) In 14th and the 15th century
 - b) **Up to the 14th and the 15th century**
 - c) In 20th century
 - d) Prevalent till present day

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