



psy101(Introduction to Psychology)

Mcqs

1)The function of memory responsible for the initial recording of information is _____.

- v) **Encoding**
- vi) Storage
- vii) Retrieval
- viii) None of the above

2) Information gathered by our visual sense is reflected by the _____.

- i. Echoic Memory
- ii. **Iconic Memory**
- iii. Long Term Memory
- iv. None of the above

3) _____ is a technique used to transfer short-term memory information into long-term memory.

- i) Chunking
- ii) Echoic Memory
- iii) Retrieval
- iv) **None of the above**

4) According to _____ information is remembered in terms of schemas.

- v. Maslow
- vi. John Jenkins
- vii. **Bartlett**
- viii. None of the above

5) MCI stands for _____.

- v) Memory Critical Impairment
- vi) Memory Coding Impairment
- vii) **Memory Cognitive Impairment**
- viii) None of the above

6) A process which is responsible for a stable and well-maintained state of internal biological balance is called _____.

- v) Motivation
- vi) Adaptation
- vii) Metabolism
- viii) **None of the above**

7) A motivation from within that energizes the person to satisfy or accomplish a goal in which no external tangible reward is involved is called _____.

- v) **Intrinsic Motivation**
- vi) Curiosity
- vii) Extrinsic Motivation
- viii) None of the above

8) _____ divided the emotions in three types as primary, secondary and derived.

- v) Maslow
- vi) Freud
- vii) **Mc Dougall**
- viii) None of the above

9) _____ has a dual function. Its functions are both arousing and alarming.

- v) S.N.S
- vi) P.N.S
- vii) **A.N.S**
- viii) None of the above

10) J.B. Watson talked about three main emotions anger, love and _____.

- v) Disgust
- vi) **Fear**
- vii) Sadness
- viii) None of the above

1. Galton considered intelligence to be _____.

- a. Not heritable
- b. Similar between most people**
- c. A property of our nervous system or hereditary
- d. The product of social differences

2. If a man experiences chest pains while at a department store, and later experiences anxiety attacks when visiting department stores, this can be explained by what type of learning?

a. Operant

b. Classical conditioning

c. Observational

d. Vicarious

3. Who proposed that a power similar to magnetism existed in humans?

a. Franz Friedrich Anton Mesmer

b. Philippe pinel

c. Galen

d. Plato

4. Social phobia is characterized by _____.

a. A fear of people

b. A fear of rejection

c. A fear of social situations

d. A fear of social isolation

5. Who was the founder of REBT?

a. Allbert Ellis

b. Aron beck

c. Albert Einstein

d. Aron Feldr

6. Which one is NOT a type of schizophrenia?

a. Disorganized type

b. Catatonic type

c. Paranoid type

d. Differentiated type

7. Which model of psychotherapy consists of Systematic de-sensitization and contingency management?

a. Biological

b. Family and couples.

c. Behavioral

d. Cognitive

8. Name the concept when there is a feeling of integration between the self and ideal self.

a. Empathy

b. Respect

c. Congruence

d. Genuineness

9. When our initial perception about a person is positive then we tend to expect that same person has other positive characteristics too is known as _____.

a. Halo effect

b. Social influence

c. Hello effect

d. Positive effect

10. In terms of its causes and the factors affecting its course, bipolar disorder is most similar to which of these disorders?

a. Panic disorder.

b. Schizophrenia.

c. Substance use disorders.

d. Unipolar depression.

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