

PSY404 (Abnormal PSYCHOLOGY)

Quizzes + Short Question mega file

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PSY404 MCQs 2016

1. Which therapy focuses on the unconscious motives, repressed wishes and childhood experiences?

- Psychoanalytic
- Existential
- Gestalt
- Humanistic

1

2. Who used hypnosis and allowed troubled patients to talk freely about the problems in their lives?

- Anna Freud
- Karen Horney
- James Lange
- Joseph Breuer

4

3. Sana, a diagnosed patient of depression, has the complaints of change in appetite and sleep patterns. These symptoms are called _____ symptoms of depression.

- Somatic
- Behavioral
- Cognitive
- Both somatic and behavioral

1

4. Identify the disorder that is similar to post traumatic stress disorder but its symptoms last for at least two days but not more than four weeks.

Acute stress disorder
Panic attacks
Generalized anxiety disorder
all

1

5. _____ is an ego analyst?

Ellis
Skinner
Watson
Erikson

4

6. Gestalt therapy belongs to which of the following group?

Cognitive Therapies
Solution Focused Therapies
Problem Focused Therapies
Global Therapies

3 Not confirm

7. Attachment theory was proposed by:

Sigmund Freud
John Bowlby
Erik Erikson
Karen Horney

2

8. The spiritual/religious tradition is an ancient one that attributes both physical and mental ailments to:

Chemical imbalance
Unconscious conflicts
Hormonal disturbances
Supernatural forces

4

9. Freud asserted that _____ is sufficient for curing psychological disorders.

Insight
Symptom alleviation
Chemical balance
Hormonal secretions

1

10. Which of the following therapy focuses on irrational and illogical belief system?

Systematic desensitization
REBT
Aversion therapy
Flooding

2

11. _____ is a return of active symptoms in person who has recovered.

Remission
Relapse
Incidence
Onset

2

12. Mood disorders are primarily characterized by disturbance in:

- Thought processes
- Biological processes
- Expressed emotions
- Motor responses
- 3 Not confirm

13. It has been found that if one fraternal twin suffers a major depression, there is a 20 percent chances that at some other time the other twin will too. The rate for identical twin is closer to 50 percent. The most accurate conclusion from such studies is that:

- Depression is caused by genetic factors
- Depression is caused by environmental factors
- Depression has genetic basis, but environmental factors are also important
- Neither genetic factors nor environmental influences appear to be linked to depression

4

14. _____ lasts only for four week.

- Acute stress disorder
- Post traumatic stress disorders
- Post trauma anxiety
- All of the given options

1

15. Unipolar disorder includes which of the following subtypes?

- Major depression and dysthymia
- Major depression and cyclothymia
- Mania and depression
- Mild depression and major depression

1

16. Who among the followings form close relationships with clients and encourage them to accept responsibility for their lives and recognize their freedom to choose a different course of action?

- Existential therapist
- Gestalt therapist
- Behavioral therapist
- Psychodynamic therapist

1

17. A technique in which a hole was made in the skull of an unfortunate sufferer with a crude stone tool and it was presumed that evil spirits will escape is known as:

- Omission of waste materials
- Lobotomy

- Phlebotomy
- Trephining

4

18. Flooding and desensitization are both:

- Cognitive treatments
- Based on psychodynamic perspective
- Related with social learning theory
- Based on behavioristic approach

4

19. In which of the following ECT refers, the electric current is passed through only one side of the brain, the non-dominant hemisphere.

- Composed

Trilateral
Bilateral
Unilateral

4

20. In the Active Stage in Schizophrenia which of the following symptoms are evident? 3:21 PM

Delusions
Disordered speech and communication
Hallucinations 3:21 PM
all of given

21. In _____ unexplained physical symptoms indicate the conversion of unconscious emotional conflicts into more acceptable form.

Hypochondriasis
Conversion disorder
Dissociative disorder
Somatization disorder

22. Who suggested the title schizophrenia?

Bleuler
Kraepelin
Freud
Jung

1

23. 'Poverty of content' in Schizophrenia is when:

Speech appears to be detailed in terms of numbers of words, but is grammatically incorrect
A tendency to jump from one topic to another within a sentence
Poor use of vocabulary
Poor use of grammar

24. In schizophrenic patients indecisiveness, ambivalence, and a loss of willpower is known as:

Avolition
Affective flattening
Blunted affect
Anhedonia

1

25. Ali is a Vietnam veteran. He had been getting by pretty well until a year ago, when he witnessed a robbery in a bank. Seeing the gun and experiencing the threat threw him back into the jungles of Vietnam. Now he is experiencing nightmares and flashbacks, and his personal relationships have suffered because of his anger and difficulty coping. Ali is suffering from _____.

Generalized anxiety disorder
Panic disorder
Post-traumatic stress disorder
Obsessive-compulsive disorder

3

26. Akbar found himself going miles away from his house and while returning back was unable to recall that what he did while on the trip. He may be suffering from which of the following?

Generalized Amnesia
Selective Amnesia
Dissociative Fugue
Dissociative Amnesia

3

27. In Dissociative Identity Disorder the host identity refers to: 3:33 PM

The one that was the first to emerge as new identity

The one that is the most dominant
The one that existed before the onset of the disorder
The one that is the most aggressive

3

28. People with dependent personality disorder:
Rely on others for even minor decisions
Avoid the social interaction
Are involved in illegal affairs
all off given

1

29. For acute post traumatic stress disorders, the symptoms prevail for _____ months.
Less than two
Less than Three
More than Four
More than ten

1

30. A young person forgets the memories of his/her early childhood is an example of:
Amnesia
Retrograde Amnesia
Anterograde Amnesia
Delirium

2

31. Akbar found himself going miles away from his house and while returning back was unable to recall that what he did while on the trip. He may be suffering from which of the following?

Generalized Amnesia
Selective Amnesia
Dissociative Fugue
Dissociative Amnesia

3

32. Mostly people believe that hypochondriasis is basically a disorder of:
Faulty thinking or cognition
Emotions
Wrong learning
Unconscious wishes

33. Which of the following approach suggests that those individuals are more likely to develop a pattern of drug abuse who has family history for drug abuse and lives in societies that create stress?

Biological
Psychodynamic
Behavioral
Socio-cultural

4

34. The basic feature of dissociative fugue is that the individual:
Suddenly and unexpectedly develops anterograde amnesia
Suddenly and unexpectedly develops retrograde amnesia
Suddenly and unexpectedly travels away from home or from their customary place of daily activities
Suddenly and unexpectedly develops an alternative personality

3

35. Dissociative amnesia and fugue usually occur in which of the following age?
Childhood

Adolescence
Adulthood
Old age

3

36. It is believed that approximately _____ of all adults in United States currently display some form of substance use disorder.

2%
10%
7%
14%

3

37. Misinterpretations of perceptions or experiences in Schizophrenia are known as:

Hallucinations
Misperceptions
Delusions
Avolition

1

38. Which of the following includes communities where addicts live, work and socialize in a drug free environment?

Therapeutic communities
Social groups
Special people group
Third care houses

1

39. Which of the following model addresses several important issues that confront the addict in trying to deal with the challenges of life without drugs?

Behavioral techniques
Aversive therapy
Relapse prevention training
Self help groups

3

40. Afifa becomes anxious at even the thought of social interactions. She is extremely sensitive to the opinion of others and has a fear of rejection. She may be suffering from:

Avoidant personality disorders
Dependent personality disorder
Schizoid personality disorder
Schizotypal personality disorder

1

41. Due to the presence of physical symptoms individuals with hypochondriasis go to _____.

Psychiatrists
Family physicians
Someone elderly at home
No one and restrict to themselves

2

42. The sight, sound, smell, feelings and even taste are distorted sometimes in dramatic ways when a person is under the effect of:

Depressants
Stimulants
Hallucinogens

Cocaine

3

43. Which of the following is NOT a stimulant?

Amphetamines

Nicotine

Caffeine

Alcohol

4

44. In the Active Stage in Schizophrenia which of the following symptoms are evident?

Delusions

Disordered speech and communication

Hallucinations

All of the given options

4

45. Studies of community samples in North America and Europe indicate that the prevalence of dementia in people between the ages of 65 and 69 is approximate

1 percent

3 percent

2.5 percent

4 percent

1

46. Which of the following approach states that people who turn to drugs has an inordinate dependency needs?

Biological

Psychodynamic

Behavioral

Socio-cultural

2

47. The basic feature of dissociative fugue is that the individual:

Suddenly and unexpectedly develops anterograde amnesia

Suddenly and unexpectedly develops retrograde amnesia

Suddenly and unexpectedly travels away from home or from their customary place of daily activities

Suddenly and unexpectedly develops an alternative personality

3

48. The biochemical theory of schizophrenia known as the Dopamine Hypothesis refers to:

Insufficient Dopamine Activity

Contaminated Dopamine

Excess Dopamine Activity

Allergic Sensitivity to Dopamine

1

49. In Dissociative Identity Disorder the host identity refers to:

The one that was the first to emerge as new identity

The one that is the most dominant

The one that existed before the onset of the disorder

The one that is the most aggressive

3

PSY404 MCQs

According to DSM-VI-TR, what is the minimum duration for the presence of symptoms required to diagnoses a patient as suffering from uniplolar disorder?

- One week
- **Two week**
- Less than two week
- Depends upon the severity of symptoms
- Which of the following are difficulties in the amount, quality, or timing of sleep?

- **Dysomnias**

- Parasomnias
- Insomnia
- Hyposomia

Sara's behavior becomes very strange at times. Her speech and way of dealing with others changes dramatically, as if she is a different person. She is unable to recall anything she did during these periods of time. Her symptoms are indication of which of the following?

- Dissociative generalized amnesia
- Dissociative identity disorder
- Dissociative fugue

- **Dissociative amnesia**

Sana, a diagnosed patient of depression, has the complaints of change in appetite and sleep patterns. These symptoms are called _____ symptoms of depression.

- **Somatic**

- Behavioral
- Cognitive
- Both somatic and behavioral

It is believed that approximately _____ of all adults in United States currently display some form of substance use disorder.

- 2%
- 10
- **7**
- 14

Akbar found himself going miles away from his house and while returning back was unable to recall that what he did while on the trip. He may be suffering from which of the following?

- Generalized Amnesia
- Selective Amnesia
- Dissociative Fugue
- **Dissociative Amnesia**

- Some students are unable to perform well in class presentation and are fearful and very anxious on such confrontations. This is an example of:

- Agoraphobia
- Phobia
- **Social phobia**
- Specific Phobia

Rubab seldom leaves her home. Even friends visit her at home, and have most things delivered to her. The idea of being in a movie theater, going to a public park, or eating in a restaurant scares her. Such symptoms are typical of:

- Obsessive-compulsive disorder
- **Agoraphobia**
- Fugue states
- Panic disorder

All of the mood disorders involve:

- **Persistent depression**
- Psychotic depression
- Cycles of depression and elation
- Disturbance in expressed emotions

• 9:42 AM

Farwa goes through each day feeling uneasy and tense. She is very sensitive to criticism and has difficulty in making decisions, even about little things. She constantly worries about her job, her financial situation, and family matters. Her symptoms fit the diagnostic category of:

- Generalized anxiety disorder
- **Major depression**
- Phobic disorder
- Somatoform disorder

Trauma victims are more likely to develop PTSD when the trauma is more

- _____.
- Intense
- Life-threatening
- Involves greater exposure

- **all**

Dissociative amnesia and fugue usually occur in which of the following age?

- Childhood
- Adolescence
- Adulthood

- **old age**

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- Generalized anxiety disorder
- Major depression
- Phobic disorder

- **Somatoform disorder**

It is believed that approximately _____ of all adults in United States currently display some form of substance use disorder.

_____ lasts only for four week.

- Acute stress disorder
- **Post traumatic stress disorders**

- Post trauma anxiety
- all

Linda just does not enjoy doing much of anything lately. She blames herself for all of her failures in life. She has lost interest in food and social activities, and most days she just stays in bed. If these symptoms last more than two weeks, then she may be diagnosed as having:

- **Bipolar disorder**

- Antisocial personality
- Major depression
- Agoraphobia

Sana has frequent thoughts that her hands are dirty. She is unable to get rid of these thoughts. This is an example of:

- Obsession
- Compulsion
- Excessive worry
- anxiety

People with dependent personality disorder:

- **Rely on others for even minor decisions**

- Avoid the social interaction
- Are involved in illegal affairs
- All of the given options

Afifa becomes anxious at even the thought of social interactions. She is extremely sensitive to the opinion of others and has a fear of rejection. She may be suffering from:

- **Avoidant personality disorders**

- Dependent personality disorder
- Schizoid personality disorder
- Schizotypal personality disorder

it has been found that if one fraternal twin suffers a major depression, there is a 20 percent chances that at some other time the other twin will too. The rate for identical twin is closer to 50 percent. The most accurate conclusion from such studies is that:

- Depression is caused by genetic factors
- Depression is caused by environmental factors
- **Depression has genetic basis, but environmental factors are also important**
- Neither genetic factors nor environmental influences appear to be linked to depression

Due to the presence of physical symptoms individuals with hypochondriasis go to _____.

- **Psychiatrists**

- Family physicians
- Someone elderly at home
- No one and restrict to themselves

The most deadly and well-known form of coronary heart disease is _____, commonly called a heart attack.

- Dyssomnias

- **Myocardial infarction**

- Hypertension
- Hypersomnia

Which one of the following statement about suicide is inaccurate?

- **More men than women complete their attempted suicides**

- More women than men attempt suicide
 - Depression is not associated with suicide attempts
 - One of the best predictors of suicide is a sense of hopelessness
- Which of the following are difficulties in the amount, quality, or timing of sleep?

- **Dysomnias**

- Parasomnias
- Insomnia
- Hyposomia

Mood disorders are primarily characterized by disturbance in:

- **Thought processes**

- Biological processes
- Expressed emotions
- Motor responses

Akbar found himself going miles away from his house and while returning back was unable to recall that what he did while on the trip. He may be suffering from which of the following?

- Generalized Amnesia
- Selective Amnesia

- **Dissociative Fugue**

- Dissociative Amnesia

Some students are unable to perform well in class presentation and are fearful and very anxious on such confrontations. This is an example of:

- Agoraphobia
- Phobia

- **Social phobia**

- Specific Phobia

Which of the following approach states that people who turn to drugs has an inordinate dependency needs?

- Biological

- **Psychodynamic**

- Behavioral
- Socio-cultural

Identify the disorder that is similar to post traumatic stress disorder but its symptoms last for at least two days but not more than four weeks.

- **Acute stress disorder**

- Panic attacks
- Generalized anxiety disorder
- all

An individual with narcissistic personality disorder routinely overestimates his abilities and inflates his accomplishments. This is characterized by which of the following?

- Pervasive need for admiration
- **Inability to monitor reality**
- Impulsive behavior such as drug abuse
- Unusual ideas of reference

•

- **1) Which therapy originally was promoted as a third force in psychotherapy.**

- a) Beck's cognitive therapy .
- b) Rational emotive therapy.
- **c) Humanistic psychotherapy .(pg:97)**
- d) Gestalt therapy.

- **2)----- involve putting your self in some one else's shoes and conveying your understanding of that person's feeling and perspectives.**

- a) Role reversal.
- **b) Empathy.(pg:97)**
- c) both a and b .
- d) none of the above.

•

- **3) In which technique clients are told to talk as the other person and feel as the other person.**

- a) Existential therapy.
- **b) Role reversal.(pg:97)**
- c) Meta analysis.
- d) none of the above .

•

- **4) In order to summarize findings across all of these studies, psychologists have invented a new statistical technique called -----**

- a) Existential therapy.
- b) Gestalt therapy.
- **c) meta analysis.(pg:98)**

- d) none of the above .
- 5)----- is a mood state , characterized by marked negative effect. Bodily symptoms of tension , restlessness and apprehension about feature .
- a) phobia .
- b) stress.
- c) schizophrenia.
- **d) anxiety .(pg:104)**
-
- 6)The ----- response of anxiety is reflected in increase heart beat and muscle tension.
- a) psychological.
- **b) physiological.(pg:104)**
- c) danger.
- d) none of the above.
- 7) Anxiety disorder share several important similarities with -----.
- a) stress disorders.
- b) memory related disorders .
- c) schizophrenic disorders.
- **d) mood disorders.(pg:106)**
- 8) Excessive anxiety and worry that occur on most days for a period of six months about events and activities such as work or schools , symptoms include restlessness, fatigue, difficulty concentrating, irritability , muscles tension and sleep disturbance.
- a) social phobia.
- b) panic attacks .
- **c) generalized anxiety disorder.(pg:106)**
- d) Acute stress disorder .
- 9) Phobic disorder are the most common of the anxiety disorder , Magee and associates (1996) reported life time prevalence for social phobia.
- a) 11.3 %.
- **b) 13.3% (pg:109)**
- c) 6.7 %
- d) 14.2 %
- 10) The term agoraphobia which we derived from the Greek word agora means market place , was originally used to refer a pathological fear of ---

- a) pointed places.
- b) Spiders.
- **c) open places.(pg:110)**

- d)water.
- 11) ----- are persistent and unwanted thoughts , ideas or images that a person does not intentionally produce .
- a)compulsion.
- **b) obsession(pg:113)**
- c)stress.
- d)phobia.
-
- 12)----- are the most common psychological disorders and the risk of developing them is increasing all over the world especially among the young people .
- a) anxiety.
- b)depression.
- c)Stress .
- **d) Mood.(pg:116)**
- 13) ----- refers to subjective state of feelings , such as sadness, anger and adjust .
- **a) emotions.(pg:116)**
- b) Affects.
- c) mood.
- d) stress.
-
- 14) Which is flip side of depression ,and also involve in disturbance mood that is additional symptoms.
- a) Unipolar mood disorder.
- b) Bipolar mood disorder.
- **c) Mania.(pg:117)**
- d) all of the above .
-
- 15) People who are clinically depressed frequently note that their thinking is slowed down , that they have trouble concentrating, and that they are easily distract .guilt are worthlessness are also common preoccupation is symptoms of which state of depression.
- a)Emotional.
- **b)Cognitive.(pg:117)**
- c) Somatic.
- d) Behavioral.

Quiz 2009

1. Farwa expresses fear at the sight of any furry object. This line is describing the _____ of here disorder.

Etiology

Assessment

Symptoms

Diagnosis

2. Identify the term that can be characterized by the behavior that is deviant, dangerous and dysfunctional.

Normality

Disruption

Chaos

Abnormality

3. Psychotherapy which focuses on unconscious processes is:

Psychoanalytical

Humanistic

Behavioristic

Aversive therapy

4. You see a beautiful wallet in the showcase. You feel a compulsion to buy it on reaching the counter you came to know that you have bought a lot of things and do not have money to buy but you are unable to control your urge to have it. Which part of your personality is dominated at this time?

Id

Ego

Super ego

Both ego and super ego

5. A parent of an autistic child gives him his favorite ice cream whenever he avoid engaging in self-destructive behavior. The parent is using the therapeutic technique of:

Punishment

Reinforcement

Extinction

Negative reinforcement

6. Which of the following tells whether a relationship exists between two variables?

Research by correlation

Research by experiment

Genetic research

Case Study

7. Which of the following enables us to generalize the research results on larger level?

External validity

Statistical significance

Research design

Internal validity

8. Identify the group, whose subjects do not receive any treatment in an experiment.

Experimental group

Placebo group

Control group

Independent group

9. Which of the following gene is expressed in offspring?

Recessive gene

Dormant Gene

Allele

Dominant gene

10. To control unethical practices in research _____ provides Ethical Principles for Conducting Research with human participants.

The British Psychological Society

World Health Organization

The American Psychological Association

The British Psychological Society and the American Psychological Association

Quiz 02 Total Marks 10

Select the most suitable options from the choices given:

1. Which of the following are microscopic units of DNA that carry information about heredity?

Genes

Chromosomes

Soma

Microbes

2. Which of the following processes sound and smell, regulates emotions, and is involved in some aspects of learning, memory, and language?

Frontal lobe

Parietal lobe

Temporal lobe

Occipital lobe

3. A dangerous situation produces fear in a person without any prior learning. The fear reaction in this situation is the:

Conditioned stimulus (CS)

Unconditioned stimulus (UCS)

Conditioned response (CR)

Unconditioned response (UCR)

4. Counselors try hard to understand the problems of their patients by using their patient's frame of reference. This is an example of:

Apathy

Empathy

Sympathy

Affection

5. Independent judges, who are observing Saira's behavior, come to the same conclusion. This kind of reliability which evaluates the agreement between two people administering the same test is known as:

Test Retest reliability

Internal consistency reliability

Inter rater reliability

Split half reliability

6. Which of the following is not validity in the real sense? It simply conveys that the test and its items should appear making sense to the test taker.

Face validity

Criterion

Content validity

Construct validity

7. Psychologists use _____ to classify psychological disorders.

The categorical approach

Dimensional approach

Prototypical approach

All of the given options

8. Which of the following is defined as the simultaneous appearance of two or more disorders in the same person?

Reactivity

Comorbidity

Reaction formation

Reaction

9. Which of the following is concerned with factors that contribute to the onset of the disorder?

Etiological validity

Concurrent validity

Predictive validity

Content Validity

10. The MMPI not only diagnoses a person on ten clinical scales it also detects sources of invalidities like lying, carelessness, defensiveness on part of:

Respondent

Researcher

Confederate

Experimenter

Solution Quiz 03

1. Which of the following is a disease of the brain; it is due to genes that cause deterioration in a specific area of the brain and causes changes in personality.

Phenyketonuria

Huntington

Dementia

Parkinson

2. Billions of tiny nerve cells called _____ form the basic building blocks of the brain.

Dendrites

Cell body (Soma)

Axon

Neuron

3. Which of the following refers to understand the client's problem from client's perspective?

Empathy

Unconditional positive regard

Sympathy

Conditioned positive regard

4. Which of the following is involved in receiving and interpreting sensory information from both the sense organs and higher brain structures?

Hypothalamus

Frontal lobe

Thalamus

Limbic system

5. Which of the following is a Roger's proposed concept?

Self actualization

Self esteem

Unconditional positive regard

None of the given options

6. Sana administered a projective test on college graduates and scoring was done by three judges. She wants to measure the:

Internal consistency

Test retest reliability

Validity

Inter rater reliability

7. Which of the following approach identifies some essential characteristics of a disorder and it also allows for certain non-essential variations that do not necessarily change the classification.

The categorical approach

Dimensional approach

Prototypical approach

Eclectic approach

8. Which of the following is concerned with the future and with the stability of the problem over time?

Etiological validity

Concurrent validity

Predictive validity

Content Validity

9. Which of the following provide a systematic framework for the collection of important diagnostic information, but they don't eliminate the need for an experienced clinician

Structured interview schedules

Unstructured interview schedules

Focus group interview

Depth interview

10. Otis quick scoring mental ability test consists of _____ which relates to general intelligence, vocabulary, arithmetic ability and general knowledge.

60 items

80 items

40 items

90 items

PSY404 (Abnormal PSYCHOLOGY)

Quizzes

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Fall 2008 Quiz

Abnormal Psychology (PSY404)

Solution

Quiz 01

1. Clinical description of a disorder includes prevalence, incidence and

_____.

- a. Sex ratio
- b. Course
- c. Prognosis
- d. All of the given options

2. _____ contributed a lot in the diagnosis and classification of

psychological disorders.

- a. J.P. Grey
- b. Emil Kraepelin
- c. Sigmund Freud
- d. Wolpe

3. You see a beautiful wallet in the showcase. You feel a compulsion to buy it on reaching the counter you came to know that you have bought a lot of things and do not have money to buy but you are unable to control your urge to have it. Which part of your personality is dominated at this time?

- a. Id
- b. Ego
- c. Super Ego
- d. None of the given options

4. _____ is the genetic make up of an individual.

- a. Genotype
- b. Phenotype
- c. Monotype
- d. All of the given options

5. _____ is a technique in which behavior is learned by reinforcing the successive steps till reaching the final behavior.

- a. Shaping
- b. Systematic desensitization
- c. Positive reinforcement
- d. Learning through observation

6. _____ is carried out to see relationship of genetic make-up and behavior.

- a. Adoption studies
- b. Twin studies
- c. Linkage analysis
- d. Association analysis

7. _____ enables us to generalize the research results on larger level.

- a. External validity
- b. Statistical significance
- c. Research design
- d. Internal validity

8. Participants are allocated to different groups through randomization or matching to control _____.

- a. Observer's bias
- b. Participant bias
- c. Dependent variable
- d. Confounding variable

9. In _____ research design we study changes in a disorder over time.

- a. Correlational
- b. Survey
- c. Longitudinal
- d. Cross sectional

10. Defense mechanisms are used when _____.

- a. Id is dominating
- b. Ego is dominating
- c. There is a conflict between ego and super ego
- d. Ego is unable to mediate the id and superego

Solution

Quiz 02

Fill in the blanks with the most suitable words

1. Researchers seek the willingness or **Consent** of their research participant who are taking part in a scientific investigation.
2. The biological dimensions of a psychological disorder include causal factors from the field of **genetics** and neuroscience.
3. The axon terminal is separated from other cells by a **synapse** which is a small gap filled with fluid.

4. **Hypothalamus** controls basic biological urges, such as eating, drinking, and sexual activity.
5. The voluntary somatic nervous system governs **muscular** control.
6. **Psychotherapy** refers to special and systematic process for helping people to overcome their psychological difficulties.
7. REBT was proposed by **Albert Ellis**.
8. **Empathy** refers to understand the client's problem from client's perspective.
9. **Cognitive model** is concerned with human cognition that how human beings perceive recognize, attend, reason and judge.
10. **Face validity** conveys that the test and its items appear making sense to the test taker or not.

Solution

Quiz 03

1. All during the day, Asad has repetitive thoughts about dirt and germs. To deal with these unpleasant images, he carefully washes and disinfects his hands precisely three times each hour. Asad's thoughts reflect _____ and his washing behavior reflects _____.

Generalized anxiety; panic disorder

An obsession; a compulsion

A simple phobia; a social phobia

A compulsion; an obsession

2. Linda just does not enjoy doing much of anything lately. She blames herself for all of her failures in life. She has lost interest in food and social activities, and most days she just stays in bed. If these symptoms last more than two weeks, then she may be diagnosed as having:

Bipolar disorder

Antisocial personality

Major depression

Agoraphobia

3. Which one of the following statements about suicide is inaccurate?

More men than women complete their attempted suicides

More women than men attempt suicide

Depression is not associated with suicide attempts

One of the best predictors of suicide is a sense of hopelessness

4. Raheel has been diagnosed with major depression. He has all the following symptoms EXCEPT:

Elation

Psychomotor retardation

Sadness

Poor appetite

5. Agoraphobia is the fear of:

Open places

Public places

Markets

6. Acute stress disorder is similar to _____ but its symptoms last for at least two days but not more than four weeks.

Post traumatic stress disorder

Panic attacks

Generalized anxiety disorder

All of the given options

7. _____ therapy focuses on irrational and illogical belief system.

Systematic desensitization

REBT

Aversion therapy

Flooding

8. Arsalan is showing numerous periods with hypomanic symptoms and numerous periods with depressed mood for at least two years. He is suffering from which of the following disorders?

Cyclothymic

Dysthymic

Major depression

Bipolar disorder II

9. Sana, a diagnosed patient of depression, has the complaints of change in appetite and sleep patterns. These symptoms are called _____ symptoms of depression.

Somatic

Behavioral

Cognitive

Both somatic and behavioral

10. _____ is a return of active symptoms in person who has recovered.

Remission

Relapse

Incidence

Onset

Quiz#4

1. Ali is excessively mistrustful and suspicious of others, without any justification.

He may have _____ personality disorder.

Schizoid

Schizotypal

Paranoid

Borderline

2. Praise or criticism doesn't have any affect on the person with _____.

Obsessive compulsive personality disorder

Schizoid personality disorder

Depression

Social withdrawal

3. People with _____ are socially isolated and behave in a way that seems unusual and not normal.

Obsessive compulsive personality disorder

Schizoid personality disorder

Schizotypal personality disorder

Depression

4. People with dependent personality disorder:

Rely on others for even minor decisions

Avoid the social interaction

Are involved in illegal affairs

All of the given options

5. In _____ unexplained physical symptoms indicate the conversion of unconscious emotional conflicts into more acceptable form.

Hypochondriasis

Conversion disorders

Dissociative disorders

Somatization disorder

6. _____ is characterized by the fear that one has a serious disease.

Hypochondriasis

Conversion disorders
Dissociative disorders
Somatization disorder

7. Mostly people believe that hypochondriasis is basically a disorder of _____.

Faulty thinking or cognition

Emotions
Wrong learning
Unconscious wishes

8. According to DSM-IV at least _____ symptoms are required to diagnose a person as suffering from Somatization disorder.

Five
Six
Eight
Ten

9. Alina use to keep on standing in front of the mirror for hours. She thinks that she has so many defects with her facial features. She frequently thought of consulting a cosmetic surgeon. These symptoms may be an indication of which of the following?

Conversion disorder
Body dysmorphic disorder
Obsession

Imagined ugliness

10. Dissociative amnesia and fugue usually occur in which of the following age?

Childhood

Adolescence

Adulthood

Old age

Mishii Brave

1. Abnormal psychology tends to study the thinking patterns and behaviours that are:
Maladaptive and disruptive
Either beneficial or disruptive
Related to organizational management
Related to motivational factors
2. Farwa expresses fear at the sight of any furry object. This line is describing the _____ of here disorder.

Etiology

Assessment

Symptoms

Diagnosis

3. What is the term used to describe the number of new cases that occur during a given period of time?

Incidence

Prognosis

Course

Prevalence

4. Identify the term that can be characterized by the behavior that is deviant, dangerous and dysfunctional.

Normality

Disruption

Chaos

Abnormality

5. Which of the following used clinical case study as their method for investigation?

Watson and Rayner

William Grove

Titchner and Thorndike

S. Freud and E. Kraepelin

6. Ego has to adopt unconscious protective processes called:

Secondary processes

Special mechanisms

Defense Mechanism

Super ego functions

7. Which of the following is a defense mechanism that allows us to act out unacceptable impulses by converting these behaviors into a more acceptable form? For example, a person experiencing extreme anger might take up kick boxing as a means of venting frustration.

Projection

Rationalization

Reaction formation

Sublimation

8. Identify the technique in which behaviour is learned by reinforcing the successive steps till reaching the final behaviour.

Shaping

Systematic desensitization

Positive reinforcement

Learning through observation

9. Which of the following is a defence mechanism that involves taking our own unacceptable qualities or feelings and ascribing them to other people? For example, if you have a strong dislike for someone, you might instead believe that he or she does not like you.

Projection

Rationalization

Reaction formation

Repression, sublimation

10. Identify the variable that indicates that whether the manipulation of the independent variable had an effect.

Independent variable

Confounding variable

Dependent variable

Extraneous variable

Quiz 1 April 28 2014

Question # 1 of 10 (Start time: 08:00:00 PM)

Which of the following is a general term that refers to several types of mild mental disorder in which the person is having contact with reality?

Select correct option:

| | |
|-----------------------|-------------------------|
| <input type="radio"/> | Neurosis |
| <input type="radio"/> | Anxiety Disorders |
| <input type="radio"/> | Psychological Disorders |
| <input type="radio"/> | Psychosis |

Question # 2 of 10 (Start time: 08:00:37 PM)

If the unconditioned stimulus was no longer paired with the conditioned stimulus then eventually the conditioned response would disappear. This is known as what?

Select correct option:

| | |
|-----------------------|-------------------------|
| <input type="radio"/> | Extinction |
| <input type="radio"/> | Negative Reinforcement |
| <input type="radio"/> | Stimulus Generalization |
| <input type="radio"/> | Spontaneous Recovery |

Question # 3 of 10 (Start time: 08:01:34 PM)

In classical conditioning, a rat has been conditioned to fear a stuffed white rabbit; after some time rat started to exhibit fear of all white stuffed objects. This is known as what?

Select correct option:

| | |
|----------------------------------|-------------------------|
| <input checked="" type="radio"/> | Stimulus Generalization |
| <input type="radio"/> | Spontaneous Recovery |
| <input type="radio"/> | Extinction |
| <input type="radio"/> | Negative Reinforcement |

Question # 4 of 10 (Start time: 08:02:40 PM)

Who among the following is known as the pioneer of hypnosis?

Select correct option:

| | |
|----------------------------------|----------------|
| <input type="radio"/> | Carl Rogers |
| <input type="radio"/> | Abraham Maslow |
| <input type="radio"/> | Karen Homey |
| <input checked="" type="radio"/> | Sigmund Freud |

Question # 5 of 10 (Start time: 08:03:23 PM)

Which of the following is measured, expected to change or influenced by the independent variable?

Select correct option:

| | |
|-----------------------|--------------------------------|
| <input type="radio"/> | Dependent variable |
| <input type="radio"/> | Confounding variable |
| <input type="radio"/> | Extraneous variable |
| <input type="radio"/> | Any other independent variable |

Mishill

Question # 6 of 10 (Start time: 08:04:27 PM)

Identify the term that refers to how many people in the population as a whole have the disorder?

Select correct option:

| | |
|-----------------------|------------|
| <input type="radio"/> | Incidence |
| <input type="radio"/> | Prognosis |
| <input type="radio"/> | Prevalence |
| <input type="radio"/> | Course |

Question # 7 of 10 (Start time: 08:05:05 PM)

According to Jung, a storehouse of one's primitive and ancestral images or memories that has been passed from one generation to another is known as what?

Select correct option:

| | |
|----------------------------------|------------------------|
| <input checked="" type="radio"/> | Collective unconscious |
| <input type="radio"/> | Jungian sub-conscious |
| <input type="radio"/> | Jungian archetypes |
| <input type="radio"/> | Synchronicity |

Question # 8 of 10 (Start time: 08:05:42 PM)

Tot

Ali is 6 years old, one day he visited a toy shop he wanted to buy a train but he did not have enough money to purchase it. At that moment, he got a chance to steal that train but he did not do this. Identify the structure of the mind which stopped him from thieving.

Select correct option:

| | |
|----------------------------------|-----------|
| <input type="radio"/> | Id |
| <input type="radio"/> | Ego |
| <input checked="" type="radio"/> | Super ego |
| <input type="radio"/> | Hedonism |

[Click here to Save Answer & Move to Next Q](#)

Question # 9 of 10 (Start time: 08:06:34 PM)

Abnormal psychology tends to study the thinking patterns and behaviors that are:

Select correct option:

| | |
|----------------------------------|--------------------------------------|
| <input checked="" type="radio"/> | Maladaptive and disruptive |
| <input type="radio"/> | Either beneficial or disruptive |
| <input type="radio"/> | Related to organizational management |
| <input type="radio"/> | Related to motivational factors |

Question # 10 of 10 (Start time: 08:07:15 PM)

Psychotherapy which focuses on unconscious processes is known as what?

Select correct option:

| | |
|----------------------------------|------------------|
| <input checked="" type="radio"/> | Psychoanalytical |
| <input type="radio"/> | Humanistic |
| <input type="radio"/> | Behavioristic |
| <input type="radio"/> | Aversive therapy |

Quiz 2 May 16 2014

Mishkin

Question # 1 of 10 (Start time: 10:35:47 PM)

An informed consent means description
of_____.

Select correct option:

| | |
|-----------------------|---|
| <input type="radio"/> | Statistical analysis that will be carried out |
| <input type="radio"/> | Permission taken from research participants |
| <input type="radio"/> | Reliability of test instruments |
| <input type="radio"/> | Validity of test instruments |

MISHRA

Question # 2 of 10 (Start time: 10:37:03 PM)

GABA is an abbreviation of what?

Select correct option:

| | |
|-----------------------|-------------------------------|
| <input type="radio"/> | Gamma Amino Butyric Acid |
| <input type="radio"/> | Geman Amino Butyric Acid |
| <input type="radio"/> | Glutamate Amino Butyric Acid |
| <input type="radio"/> | Glutamate Amino Barbaric Acid |

Question # 3 of 10 (Start time: 10:38:47 PM)

While talking about the physiology of neuron; branches coming from soma and serving the basic function of receiving messages from other cells is known as what?

Select correct option:

| | |
|----------------------------------|----------------|
| <input checked="" type="radio"/> | Dendrites |
| <input type="radio"/> | Axon |
| <input type="radio"/> | Axon terminals |
| <input type="radio"/> | Cell nucleus |

Question # 4 of 10 (Start time: 10:39:11 PM)

Which of the following is the study of the incidence, distributions and consequences of a particular problem or set of problems in one or more population?

Select correct option:

| | |
|-----------------------|-----------------------|
| <input type="radio"/> | Case study |
| <input type="radio"/> | Epidemiology |
| <input type="radio"/> | Co-relation research |
| <input type="radio"/> | Experimental research |

Question # 5 of 10 (Start time: 10:40:03 PM)

Which of the following observation is watching animals or humans in their normal environment?

Select correct option:

| | |
|-----------------------|--------------|
| <input type="radio"/> | Participant |
| <input type="radio"/> | Naturalistic |
| <input type="radio"/> | Field |
| <input type="radio"/> | Disguise |

Question # 6 of 10 (Start time: 10:40:29 PM)

To control unethical practices in research _____ provides Ethical Principles for conducting research with human participants.

Select correct option:

| | |
|----------------------------------|--|
| <input checked="" type="radio"/> | The British Psychological Society |
| <input type="radio"/> | World Health Organization |
| <input type="radio"/> | The American Psychological Association |
| <input type="radio"/> | The British Psychological Society and the American Psychological Association |

Question # 7 of 10 (Start time: 10:41:09 PM)

Which of the following is a disease of the brain; it is due to genes that cause deterioration in a specific area of the brain and causes changes in personality.

Select correct option:

| | |
|-----------------------|-----------------|
| <input type="radio"/> | Phenylketonuria |
| <input type="radio"/> | Huntington |
| <input type="radio"/> | Dementia |
| <input type="radio"/> | Parkinson |

Question # 8 of 10 (Start time: 10:42:22 PM)

Participant's identity and related information should NOT be revealed to anyone except researcher; this is known as what?

Select correct option:

| | |
|----------------------------------|------------------|
| <input type="radio"/> | Anonymity |
| <input checked="" type="radio"/> | Confidentiality |
| <input type="radio"/> | Informed consent |
| <input type="radio"/> | Deception |

Question # 9 of 10 (Start time: 10:42:40 PM)

According to _____ perspective our psychological problems in adults are rooted in our childhood experiences.

Select correct option:

| | |
|----------------------------------|---------------|
| <input checked="" type="radio"/> | Psychodynamic |
| <input type="radio"/> | Cognitive |
| <input type="radio"/> | Humanistic |
| <input type="radio"/> | Behavioral |

Question # 10 of 10 (Start time: 10:43:16 PM)

Identify the field that examines the role of genetics or chromosomes in human behavior.

Select correct option:

| | |
|----------------------------------|-----------------------|
| <input checked="" type="radio"/> | Behavior genetics |
| <input type="radio"/> | Evolutionary behavior |
| <input type="radio"/> | Biogenetics |
| <input type="radio"/> | Genology |

Quiz 3 July 01 2014

Mishin

Quiz Start Time: 07:57 PM

Question # 1 of 10 (Start time: 07:57:15 PM)

Total Marks: 1

Which therapy focuses on the unconscious motives, repressed wishes and childhood experiences?

Select correct option:

| | |
|----------------------------------|----------------|
| <input checked="" type="radio"/> | Psychoanalytic |
| <input type="radio"/> | Existential |
| <input type="radio"/> | Gestalt |
| <input type="radio"/> | Humanistic |

[Click here to Save Answer & Move to Next Question](#)

Quiz Start Time: 07:57 PM

Question # 2 of 10 (Start time: 07:57:59 PM)

Total Marks: 1

In which of the following ECT refers, the electric current is passed through only one side of the brain, the non-dominant hemisphere.

Select correct option:

| | |
|-----------------------|------------|
| <input type="radio"/> | Composed |
| <input type="radio"/> | Trilateral |
| <input type="radio"/> | Bilateral |
| <input type="radio"/> | Unilateral |

[Click here to Save Answer & Move to Next Question](#)

Quiz Start Time: 07:57 PM

Question # 4 of 10 (Start time: 08:00:37 PM)

Total Marks: 1

Hippocrates recommended treatments such as:

Select correct option:

| | |
|-----------------------|------------------------------------|
| <input type="radio"/> | Rest, exercise, and a healthy diet |
| <input type="radio"/> | Trephining |
| <input type="radio"/> | Hypnosis |
| <input type="radio"/> | Chimney sweeping |

[Click here to Save Answer & Move to Next Question](#)

Quiz Start Time: 07:57 PM

Question # 5 of 10 (Start time: 08:02:00 PM)

Total Marks: 1

Identify the term which pertains to the return of active symptoms in person who has recovered.

Select correct option:

| | |
|-----------------------|-----------|
| <input type="radio"/> | Remission |
| <input type="radio"/> | Relapse |
| <input type="radio"/> | Incidence |
| <input type="radio"/> | Onset |

[Click here to Save Answer & Move to Next Question](#)

Quiz Start Time: 07:57 PM

Question # 6 of 10 (Start time: 08:02:52 PM)

Total Marks: 1

A doctor who views anxiety as the result of a neurotransmitter imbalance and who treats this disorder with drugs is following the _____ model.

Select correct option:

| | |
|----------------------------------|---------------|
| <input checked="" type="radio"/> | Medical |
| <input type="radio"/> | Psychological |
| <input type="radio"/> | Sociocultural |
| <input type="radio"/> | Demonology |

[Click here to Save Answer & Move to Next Question](#)

Quiz Start Time: 07:57 PM

Question # 7 of 10 (Start time: 08:03:39 PM)

Total Marks: 1

Which of the following is out of place here?

Select correct option:

| | |
|----------------------------------|-------------------------------|
| <input checked="" type="radio"/> | Phobic disorder |
| <input type="radio"/> | Panic disorder |
| <input type="radio"/> | Seasonal affective disorder |
| <input type="radio"/> | Obsessive-compulsive disorder |



Click here to Save Answer & Move to Next Question

Quiz Start Time: 07:57 PM

Question # 8 of 10 (Start time: 08:04:42 PM)

Total Marks: 1

If there is meaninglessness in a person's life; it would be known as what?

Select correct option:

| | |
|----------------------------------|-----------------------|
| <input checked="" type="radio"/> | Depression |
| <input type="radio"/> | Worthlessness |
| <input type="radio"/> | Existential psychosis |
| <input type="radio"/> | Existential neurosis |

[Click here to Save Answer & Move to Next Question](#)

Quiz Start Time: 07:57 PM

Question # 9 of 10 (Start time: 08:05:07 PM)

Total Marks: 1

The token economy is an example of:

Select correct option:

| | |
|-----------------------|--------------------------|
| <input type="radio"/> | Rational Emotive Therapy |
| <input type="radio"/> | Attribution Retraining |
| <input type="radio"/> | Social Skills Training |
| <input type="radio"/> | Contingency Management |

[Click here to Save Answer & Move to Next Question](#)

Quiz Start Time: 07:57 PM

Question # 10 of 10 (Start time: 08:06:14 PM)

Total Marks: 1

_____ refers to subjective state of feeling such as happiness, sadness or anger.

Select correct option:

| | |
|----------------------------------|--------------------------|
| <input type="radio"/> | Affect |
| <input type="radio"/> | Mood |
| <input type="radio"/> | Emotion |
| <input checked="" type="radio"/> | All of the given options |

[Click here to Save Answer & Move to Next Question](#)



More quizzes

BC120401415 : Amtur-Rehman Fatima

Time Left 42
sec(s)

Quiz Start Time: 08:04 PM

Question # 1 of 10 (Start time: 08:04:36 PM)

Total Marks: 1

Which of the following approach states that people who turn to drugs has an inordinate dependency needs?

Select correct option:

| | |
|----------------------------------|----------------|
| <input checked="" type="radio"/> | Biological |
| <input type="radio"/> | Psychodynamic |
| <input type="radio"/> | Behavioral |
| <input type="radio"/> | Socio-cultural |



Click here to Save Answer & Move to Next Question

Question # 2 of 10 (Start time: 08:05:38 PM)

Total Marks: 1

'Poverty of content' in Schizophrenia is when:

▶ Select correct option:

- | | |
|-----------------------|--|
| <input type="radio"/> | Speech appears to be detailed in terms of numbers of words, but is grammatically incorrect |
| <input type="radio"/> | A tendency to jump from one topic to another within a sentence |
| <input type="radio"/> | Poor use of vocabulary |
| <input type="radio"/> | Poor use of grammar |

[Click here to Save Answer & Move to Next Question](#)

MISHRA

QUIZ Start Time: 08:04 PM

Question # 3 of 10 (Start time: 08:06:53 PM)

Total Marks: 1

Which personality disorder is characterized by disturbances in identity, emotional expression, and impulsiveness?

▶ Select correct option:

| | |
|-----------------------|---------------------------------|
| <input type="radio"/> | Schizoid personality disorder |
| <input type="radio"/> | Dependent personality disorder |
| <input type="radio"/> | Avoidant personality disorder |
| <input type="radio"/> | Borderline personality disorder |

[Click here to Save Answer & Move to Next Question](#)



Question # 4 of 10 (Start time: 08:08:08 PM)

Total Marks: 1

Which of the following includes communities where addicts live, work and socialize in a drug free environment?

Select correct option:

| | |
|----------------------------------|-------------------------|
| <input checked="" type="radio"/> | Therapeutic communities |
| <input type="radio"/> | Social groups |
| <input type="radio"/> | Special people group |
| <input type="radio"/> | Third care houses |

[Click here to Save Answer & Move to Next Question](#)

Mishra

Question # 5 of 10 (Start time: 08:08:47 PM)

Total Marks: 1

Afifa becomes anxious at even the thought of social interactions. She is extremely sensitive to the opinion of others and has a fear of rejection. She may be suffering from:

Select correct option:

| | |
|----------------------------------|----------------------------------|
| <input type="radio"/> | Avoidant personality disorders |
| <input type="radio"/> | Dependent personality disorder |
| <input type="radio"/> | Schizoid personality disorder |
| <input checked="" type="radio"/> | Schizotypal personality disorder |

[Click here to Save Answer & Move to Next Question](#)

MISHRA

Question # 6 of 10 (Start time: 08:09:56 PM)

Total Marks: 1

Catatonic behavior in Schizophrenia is characterized by which of the following:

Select correct option:

| | |
|----------------------------------|---|
| <input type="radio"/> | Resisting attempts to be moved |
| <input type="radio"/> | Maintaining rigid, immobile postures |
| <input type="radio"/> | Decrease in reactivity to the environment |
| <input checked="" type="radio"/> | All of the given options |

[Click here to Save Answer & Move to Next Question](#)

Mishra

Question # 7 of 10 (Start time: 08:10:40 PM)

Total Marks: 1

People with dependent personality disorder:

Select correct option:

| | |
|----------------------------------|---|
| <input checked="" type="radio"/> | Rely on others for even minor decisions |
| <input type="radio"/> | Avoid the social interaction |
| <input type="radio"/> | Are involved in illegal affairs |
| <input type="radio"/> | All of the given options |

[Click here to Save Answer & Move to Next Question](#)

Miskin

Question # 8 of 10 (Start time: 08:11:17 PM)

Total Marks: 1

Which of the following is NOT a stimulant?

Select correct option:

| | |
|----------------------------------|--------------|
| <input checked="" type="radio"/> | Amphetamines |
| <input type="radio"/> | Nicotine |
| <input type="radio"/> | Caffeine |
| <input type="radio"/> | Alcohol |

[Click here to Save Answer & Move to Next Question](#)

Miskin

Question # 9 of 10 (Start time: 08:11:50 PM)

Total Marks: 1

Which of the following model addresses several important issues that confront the addict in trying to deal with the challenges of life without drugs?

Select correct option:

| | |
|----------------------------------|-----------------------------|
| <input checked="" type="radio"/> | Behavioral techniques |
| <input type="radio"/> | Aversive therapy |
| <input type="radio"/> | Relapse prevention training |
| <input type="radio"/> | Self help groups |

[Click here to Save Answer & Move to Next Question](#)

Mishra

Question # 10 of 10 (Start time: 08:12:28 PM)

Total Marks: 1

Which of the following approach suggests that those individuals are more likely to develop a pattern of drug abuse who has family history for drug abuse and lives in societies that create stress?

Select correct option:

| | |
|----------------------------------|----------------|
| <input type="radio"/> | Biological |
| <input type="radio"/> | Psychodynamic |
| <input type="radio"/> | Behavioral |
| <input checked="" type="radio"/> | Socio-cultural |

[Click here to Save Answer & Move to Next Question](#)

Mishra

Quiz Start Time: 12:55 PM

Question # 1 of 10 (Start time: 12:55:56 PM)

Total Marks: 1

Who among the following hypothesized that four fluids are responsible for abnormal behavior?

Select correct option:

| | | |
|----------------------------------|----------------|---------------|
| <input checked="" type="radio"/> | Hippocrates | |
| <input type="radio"/> | Socrates | (See page 13) |
| <input type="radio"/> | J.P Grey | |
| <input type="radio"/> | Emil Kraepelin | |

[Click here to Save Answer & Move to Next Question](#)

Quiz Start Time: 12:55 PM

Question # 2 of 10 (Start time: 12:56:43 PM)

Total Marks: 1

Participant's identity and related information should not be revealed to anyone except researcher; this is known as what?

Select correct option:

| | | |
|-----------------------|------------------|--|
| <input type="radio"/> | Anonymity | |
| <input type="radio"/> | Confidentiality | |
| <input type="radio"/> | Informed consent | |
| <input type="radio"/> | Deception | |

[Click here to Save Answer & Move to Next Question](#)

Quiz Start Time: 12:55 PM

Question # 3 of 10 (Start time: 12:58:14 PM)

Total Marks: 1

Identify the research in which we identify patients at a particular point, such as when they are first diagnosed and study these people again at a later time (in future).

Select correct option:

- Follow up studies *(See page 49)*
- Follow back studies
- High risk studies
- Risk studies

[Click here to Save Answer & Move to Next Question](#)

Mishra

Quiz Start Time: 12:55 PM

Question # 4 of 10 (Start time: 12:59:30 PM)

Total Marks: 1

In old times people used the term LUNATIC for abnormal people that is derived from Latin word Luna refers to which of the following?

Select correct option:

| | | |
|----------------------------------|-------|---------------|
| <input type="radio"/> | Sun | |
| <input type="radio"/> | Earth | |
| <input type="radio"/> | Stars | |
| <input checked="" type="radio"/> | Moon | (See page 12) |

[Click here to Save Answer & Move to Next Question](#)

Quiz Start Time: 12:55 PM

Question # 5 of 10 (Start time: 01:00:11 PM)

Total Marks: 1

_____ serve the basic function of receiving messages from other cells. These branches are called:

Select correct option:

| | | |
|----------------------------------|----------------|---------------|
| <input checked="" type="radio"/> | Dendrites | (See page 58) |
| <input type="radio"/> | Axon | |
| <input type="radio"/> | Axon terminals | |
| <input type="radio"/> | Cell nucleus | |

[Click here to Save Answer & Move to Next Question](#)

Quiz Start Time: 12:55 PM

Question # 6 of 10 (Start time: 01:00:56 PM)

Total Marks: 1

Which of the following is measured, expected to change or influenced by the independent variable?

Select correct option:

| | | |
|----------------------------------|--------------------------------|---|
| <input checked="" type="radio"/> | Dependent variable | / |
| <input type="radio"/> | Confounding variable | / |
| <input type="radio"/> | Extraneous variable | / |
| <input type="radio"/> | Any other independent variable | / |

[Click here to Save Answer & Move to Next Question](#)

Quiz Start Time: 12:55 PM

Question # 7 of 10 (Start time: 01:01:19 PM)

Total Marks: 1

Who among the following is known as the pioneer of hypnosis?

Select correct option:

| | | |
|----------------------------------|----------------|---|
| <input type="radio"/> | Carl Rogers | / |
| <input type="radio"/> | Abraham Maslow | / |
| <input type="radio"/> | Karen Horney | / |
| <input checked="" type="radio"/> | Sigmund Freud | / |

(See page 63)

[Click here to Save Answer & Move to Next Question](#)

Quiz Start Time: 12:55 PM

Question # 8 of 10 (Start time: 01:02:27 PM)

Total Marks: 1

Which of the following is not under the domain of abnormal psychology?

Select correct option:

| | | |
|-----------------------|----------------------------------|--------------|
| <input type="radio"/> | Classification of the disorder | |
| <input type="radio"/> | Possible outcome of the disorder | |
| <input type="radio"/> | Causes of the disorder | |
| <input type="radio"/> | Etiology of physical disorders | (See page 1) |

[Click here to Save Answer & Move to Next Question](#)

Quiz Start Time: 12:55 PM

Question # 9 of 10 (Start time: 01:03:30 PM)

Total Marks: 1

Which of the following structures does NOT belong to the limbic system?

Select correct option:

| | | |
|-----------------------|-------------|----------|
| <input type="radio"/> | Thalamus | |
| <input type="radio"/> | Hippocampus | |
| <input type="radio"/> | Striatum | Not sure |
| <input type="radio"/> | Amygdala | |

[Click here to Save Answer & Move to Next Question](#)

Quiz Start Time: 12:55 PM

Question # 10 of 10 (Start time: 01:04:51 PM) Total Marks: 1

All of the followings are the attributes of a research, EXCEPT:

Select correct option:

| | | |
|----------------------------------|---|---------------|
| <input checked="" type="radio"/> | It is not replicable | (See page 28) |
| <input type="radio"/> | It is doable | |
| <input type="radio"/> | It always for the betterment of society | |
| <input type="radio"/> | It is incremental | |

[Click here to Save Answer & Move to Next Question](#)

PSY2007

Q1. Read carefully each statement and fill in appropriate answer. Every right statement contains "1" mark. Multiple answers will result in "0" mark.

- 1) "Sana expresses fear at the sight of blood, injury or raw meat." The previous line is describing
 - a) Etiology
 - b) Assessment
 - c) **Symptoms**
 - d) Diagnosis

- 2) The term "abnormality" can be characterized by the behavior that is
 - a) Deviant
 - b) Dangerous
 - c) Dysfunctional

d) All of the above

3) On October 8th 2005, the Earthquake experience affected the whole Pakistani nation and the whole nation was traumatized. Which division of supernatural model explains this situation?

a) Witchcraft

b) Demonology

c) Mass hysteria

d) Moons and stars

4) Aslam yells at his wife whenever he is upset with his boss. Which type of defense mechanism is being observed here?

a) Displacement

b) Projection

c) Repression

d) Sublimation

5) If you go to a store and see an expensive watch, you face intra-psychic conflict. One of the parts of conflict would state 'I have to be realistic. I can't afford to buy this watch.' Which part of intra-psychic conflict is this?

a) ego

b) Super ego

c) Id

d) None of the above

6) _____ is the process of reinforcing successive approximations to a final behavior.

a) Generalization

b) Extinction

c) Shaping

d) Punishment

7) A psychologist wanted to study the **effect of light on the learning ability of master's level students**. Light would be the _____ variable.

a) Confounding variable

b) Dependent variable

c) Extraneous variable

d) Independent variable

8) _____ examines and describes in depth an individual's current feeling, thoughts and behaviors.

a) Case study

b) Surveys

c) Questionnaire

d) Experiment

9) In _____ experiment, the researchers demand the subjects to behave in laboratory as they behave in real life situation.

a) Quasi – experiments

b) Natural experiments

c) Analogue experiments

d) All of the above

10) In experimental study, _____ refers to the rights of individual to decide, how information about him is to be communicated to others.

- a) Deception
- b) Consent
- c) Debriefing
- d) Privacy

_____ *Good Luck* _____

Q1. Read carefully each statement and fill in appropriate answer. Every right statement contains "1" mark. Multiple answers will result in "0" mark.

1) Rukhsana has repetitive thoughts about dirt and germs. To deal with these unpleasant images, she carefully washes and disinfects her hands after every five minutes. Rukhsana's thoughts reflect _____ and her washing behavior reflects _____.

- Generalized anxiety; panic disorder
- An obsession; a compulsion
- A simple phobia; a social phobia
- A agoraphobia; a social phobia

2) Which of the following option is NOT a stage of Seyle's GAS?

- Alarm,
- Resistance,
- Assertiveness
- Exhaustion.

3) Tabinda goes through each day feeling uneasy and tense. She constantly worries about her job, her financial situation, and family matters. She also has symptoms of restlessness, fatigue, difficulty concentrating, irritability, excessive worrying, muscle tension and sleep disturbances. Her symptoms fit the diagnostic category of _____.

- Generalized anxiety disorder
- Major depression
- Phobic disorder
- Mania

4) Which of the following is NOT a symptom of depression?

- High energy
- Changes in appetite
- Difficulty in sleeping
- Fatigue

5) Aslam got irritated and stressed out due to his habits like losing things, wasting money and spending a lot on minor things etc. Which of the following test will be used to measure stress?

- Minnesota Multiphasic Personality Inventory
- Bender Gestalt Test
- Wechsler Adult Intelligence Scale
- Daily hassles and uplift scale

Fill in the blanks

6) Multiple personality or Dissociative identity disorder is characterized by the existence of two or more distinct personalities in a single individual.

7) Traumatic stress is defined in DSM-IV-TR as an event that involves actual or threatened death or serious injury to self or others and creates intense feelings of fear, helplessness, or horror.

8) -Acute stress disorder (ASD) occurs within 4 weeks after exposure to traumatic stress and is characterized by dissociative symptoms, re-experiencing of the event, avoidance of reminders of the trauma, and marked anxiety or arousal.

9) Suicide is an intentioned death--- a self-inflicted death in which one makes an intentional, direct, and conscious effort to end one's life.

10) **Community** psychology is one approach within clinical psychology that attempts to improve individual well-being by promoting social change.

_____ *Good Luck* _____

Q1. Read carefully each statement and fill in the blank with appropriate word.

1. In an _____ group, group members may question self-disclosure when it is “phony” but support more honest appraisals of oneself.

Encounter

2. _____ is considered by DSM-IV-TR to be a chronic but less severe form of bipolar disorder.

Cyclothymia

3. _____ coping involves attempts to change a stressor

Problem-focused

4. _____ are difficulties in the amount, quality, or timing of sleep.

Dysomnias

5. Tania is an attractive woman with a lovely smile, she used to get the attention of people. Her habit of trying to be the centre of attention is annoying to others. She is moody and seemed to over-dramatize minor problems. She may have _____ personality disorder.

Histrionic

6. _____ symptoms emerge when individual suddenly stops taking drugs or reduces their dosage.

Withdrawal

7. The _____ phase follows the active phase of the disorder and is defined by signs and symptoms that are similar in many respects to those seen during the prodromal phase.

Residual

8. Cognitive disorders signify the impairment of memory, attention and _____.

Perception

9. _____ mental retardation is characterized by an IQ below 20.

Profound

10. The AAMR suggests that adaptive behavior includes conceptual, social and _____ skills.

Practical skills

Good Luck

Quiz 2006

1. _____ is a variable that indicates that whether the manipulation of the independent variable had an effect.

a) Independent variable

b) Confounding variable

c) **Dependent variable**

d) None of above

2. Which of the following is not the characteristic of a hypothesis?

a) Make it testable.

b) Make it unsupportable.

c) Be sure to have a rational- how theory can help.

d) Demonstrate its relevance

3. The only difference between experimental and the control group is that of

- a) **Treatment**
- b) Research design
- c) Laboratory settings
- d) None of above

4. Descriptive Studies or descriptive approaches are procedures used to summarize an organized sample of data. They include

- a) Observation
- b) Case study
- c) Survey
- d) **All of above**

5. _____ is the study of the incidence, distributions and consequences of a particular problem or set of problems in one or more population.

- a) case study
- b) **Epidemiology**
- c) Co-relation research
- d) None of above

6. _____ is the phenomenon in which the expectations of the participants in a study can influence their behavior.

- a) Experimenter effect
- b) **Placebo effect**
- c) Both a and b
- d) None of above

7. In _____ we examine the same behavioral characteristics in different individuals at different ages at the same time.

- a) Longitudinal designs
- b) Association studies
- c) Adoption Studies
- d) **Cross sectional studies**

8. In _____ we identify patients at a particular point, such as when they are first diagnosed and study these people again at a later time (in future).

- a) **Follow up studies**
- b) Follow back studies
- c) High risk studies
- d) None of above

9. Research process begins by

- a) Calculating data
- b) Selecting research design
- c) **Generating hypothesis**
- d) Gathering information

10. It was _____ who used clinical case study.

- a) Watson and Rayner
- b) William Grove
- c) Titchner and Thorndike
- d) **S. Freud and E. Kraepelin**

1. Psychologists use three approaches or strategies to classify disorders, which of the following is not included in that:

- a) The categorical
- b) The mental status examination
- c) The Dimensional
- d) The Prototypical

2. In depression, there are five important symptoms such as:

- a) Weight loss
- b) Insomnia
- c) Fatigue
- d) All of the given options

3. More than 200 specific diagnostic categories are described in DSM-IV-TR., these are arranged under

- a) 18 primary headings
- b) 16 primary headings
- c) 14 primary headings
- d) 12 primary headings

4. In DSM-IV-TR, disorders related to general medical conditions, comprises on

- a) Axis V
- b) Axis II
- c) Axis III

d) Axis IV

5. _____ is concerned with factors that contribute to the onset of the disorder.

a) Reliability

b) Predictive validity

c) Etiological validity

d) Concurrent validity

6. MMPI (Minnesota Multiphasic Personality Inventory) consists of 550 items and _____ clinical scales.

a) Twelve

b) Fifteen

c) Four

d) Ten

7. The IQ is calculated by

a) $IQ = MA/CA \times 100$

b) $IQ = CA/MA \times 100$

c) $IQ = MA \times CA / 100$

d) $IQ = CA \times MA / 100$

8. Otis quick scoring mental ability test consists of _____ which relates to general intelligence, vocabulary, arithmetic ability and general knowledge.

a) 60 items

b) 80 items

c) 40 items

d) 90 items

9. Which of the following is not included in projective tests?

- a) Rorschach Ink Blot Test
- b) The Thematic Apperception Test (TAT)
- c) Otis quick scoring mental ability test
- d) The Rotter's Incomplete Sentence Blank (RISB).

10. Problem focused therapies focus on the symptoms and specific complaints of the person.
_____ is included in it.

- a) Client centered therapy
- b) Cognitive therapies
- c) Humanistic therapy
- d) Psychodynamic therapy

My paper of psy404

Date:20-8-2016

Total Question:50

MCQS: 40

Short question:5

Long question :5

Q 1): Faraz is angry at his boss but he said nothing to him ,he hit the dog sitting in the Street. Which defense mechanism he is using? Also name two other mechanism./3

Q: Differentiate b/w mood and affect?/3

Q: Differentiate b/w Dementia and delirium?/3

Q:In which situation aversive therapy is most effective give example?/3

Enlist three drugs which include Stimulants?/3

Q:write your understanding about third stage of Seyle`s general adaption syndrome? E.g. exhaustion stage./5

Q: Differentiate Generalized and Selective Amnesia?/5

Q: differentiate b/w Debriefing and deception?/5

Q: Differentiate b/w global and problem focused therapy?/5

Q: What would be possible treatment for psychological problem in later life? List at least five./5

PSY404 (Abnormal PSYCHOLOGY)

Short Question mega file

PREPARED BY

INNOCENT MISHII

BRAVE HEART

Fall 2015

1. Characters of personality
2. Example di hoi the MMPI-2 ky bary ma likhna tha
3. Reliability ki Example di ho thi us ma reliability ki type likhni thi or usy explain krna tha
4. 2 types Survey and 1 example dena thi
5. Describe the Slip of tongue-- psychopathology of everyday life/ 1 example of your daily life

More papers 2015

6. today paper PSY404
 - Q1 deficite in conceputual social and see in mental skill?
 - Q2 what do you know about the prodromal phase of schizophrenia?
 - Q3 how anxiety and fear are different form each other?
 - Q4 what is your understanding regarding diagnosis by exclusion?
 - Q5compersive of mental retardation?
- 7.
8. 1:there isa model which stipulates that behaviour is a result of both genetic and life experiences.identify that model.
 - 2:principles have been devised for management of PTSD.tell 5 of them
 - 3:in child externalized disorder are easy to diagnose or internalized?
 - 4:two therapies for aslm who is taking drugs for 6 years.
 - 5:fareeha victum earthquake and still live in fear explain fareeha current problem.

6: what is Karkoff's syndrome.

7: core symptoms of GAD

9. Mere aj ke paper me ye q the psy 404 aversive therapy, stages of development, principles for managing mental retardation, preventing PTSD, substance abuse vs substance dependence, name of 3 degenerative brain diseases, pros and cons techniques

December 28, 2015 at 8:54pm

PSY404 Mid term paper

Mid term Paper PSY404

16/12/2015

MCQS 22 easy thy

5 long Q 3Q 3 Marks ky 2Q 5 Marks ky

1. Charectors of personality
2. Example di hoi thi MMPI-2 ky bary ma likhna tha
3. Reliability ki Example di ho thi us ma reliability ki type likhni thi or usy explain krna tha
4. 2 types Survey nd 1 exampl dena thi
5. Discribe the Slip of tongue-- psychopathology of every day life/ 1 example of your daily life

Fall 2014

1. Internal validity is the extent to which results can be attributed to independent variable?
2. What is external validity?
3. Name and briefly explain two diseases caused by genetic influences.
4. Name and briefly explain the cognitive therapy which is specifically developed for the treatment of depression.
5. Usman suffers from spider phobia, as a psychologist you decide to use systematic desensitization for his treatment. Describe the three steps involved in this technique.
6. How systematic desensitization is different from flooding.
7. How one can differentiate between negative reinforcement and punishment. Explain with an example.
8. How u distinguished b/w global n problem based therapy-5
9. How a psychologist use medicine for mental disorder kuch ishe type ka question tha ECT?

mcq's

correct order of frud's psycho sexual thry of development hindbrain includes medula,pons?(cerebrum) _____

is the building block of brain(neurons) which is also called 'trunk'

1.dendrite

2.neurons

3. axon

4. soma

phenyl-alanine is caused due to.....?

(phenketonuria)pg no 52

which one of the following is not in ethics research.....

_____ studies first degree relatives(adopt) experiment design which do no assign control or experimental group.....(Quasi)

vitamin A is?(independent variable) latin word luna=?.....(moon)

shortless person is walking on the road he is.....?

(Deviance from culture)

post-traumatic stress disorder kis catgry mn ata hai ?

8 may 2012.

10.

11.

12. 1- Define Cognitive and Somatic Anxiety (3)
2- Define frueds ID, EGO and SUPER EGO (3)
3- wat do u know abt TAT (Therapeutic apperception Test) (5)
4- Team approach of setting a goal...(Evaluation phase was asked)

Spring 2008

- 1- Define Cognitive and Somatic Anxiety (3)
2- Define Freud's ID, EGO and SUPER EGO (3)
3- wat do u know abt TAT (Therapeutic apperception Test) (5)
4- Team approach of setting a goal...(Evaluation phase was asked)

Mishii Brave