

PSY-101 Final term By Vu Topper RM
For Help = 03224021365 , 03164980094

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Who among the following gave the Cognitive Appraisal Theory of emotions?

- A. Albert Ellis
- B. Richard Lazarus**
- C. Richard Solomon and John Corbit
- D. Cannon-Bard

Which of the following hormones are secreted into the blood stream in excessive amounts during strong emotional states such as anger or fear?

- A. Thyroid
- B. Estrogens
- C. Androgens
- D. Adrenaline and nor adrenaline**

According to psychoanalytic theory; unconscious contains instinctual drives including all of the following EXCEPT:

- A. Demands
- B. Archetypes**
- C. Infantile wishes
- D. Desire

Which one of the followings is the component of emotion?

- A. Secondary
- B. Cognitive**
- C. Derived
- D. Intuition

With which of the following test problems and tendencies like Depression, Hysteria, Paranoia, and Schizophrenia can be identified and at the same time it can be used to predict if college students will marry within 10 years?

- A. HTP

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- B. TAT
- C. Rorschach
- D. MMPI**

Who among the following gave the Cognitive Labeling or Two Factor Theory of Emotions?

- A. Richard Solomon and John Corbit
- B. Albert and Ellis
- C. Lindsley and Cohen
- D. Stanley Schachter and Jerome Sing**

Problems that require understanding and that should be solved in a manner that involves series of methods so that the initial problematic state can be changed into the goal attaining state are known as:

- A. Arrangement problems
- B. Agreement problems
- C. Transformation problems**
- D. Problems of inducing structures

Which of the following is not one of the types of concepts?

- A. Prolonged concepts**
- B. Prototype concepts
- C. Natural concepts
- D. Artificial concepts

Which part of the nervous system arouses us for defensive action?

- A. Sympathetic Nervous System**
- B. Cerebral cortex
- C. Parasympathetic Nervous System
- D. Limbic system

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Blocking unpleasant/ unacceptable thoughts by pushing them into the unconscious is:

- A. Projection
- B. Rationalization
- C. Denial
- D. Repression**

Mental Images and concepts are the fundamental elements of:

- A. Behavior
- B. Emotion
- C. Thinking**
- D. Motivation

Cognitive theory given by Magda Arnold with reference to emotion is also known as:

- A. Parallel Model
- B. Opponent-Process Theory
- C. Sequential Model**
- D. Two Factor Theory of Emotions

According to Freud, the part of the sub conscious that can be accessed by deliberate choice:

- A. Unconscious
- B. Conscious
- C. Sub-conscious
- D. Preconscious**

Which of the following is the capacity to think about certain phenomena in its most typical form?

- A. Reasoning
- B. Creativity
- C. Mental sets**

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D. Functional fixedness

Known, familiar and relatively simple concepts that have rather loose features to define are:

- A. Prototype concepts
- B. Complex concepts
- C. Artificial concepts
- D. Natural concepts**

Mc Dougall divided "Emotions" into how many types?

- A. Three**
- B. Two
- C. One
- D. Five

Which of the followings are enduring dimensions of personality characteristics that differentiate a person from others?

- A. Behavior
- B. Persona
- C. Archetypes
- D. Traits**

Which of the following states that learned expectations which one is capable of performing a certain behavior, or producing a desired outcome?

- A. Self-concept
- B. Self-esteem
- C. Self-realization
- D. Self-efficacy**

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A rectangle has two opposite sides equal, if it is not the case, then it is not a rectangle. This is an example of which of the following type of concept?

- A. Artificial**
- B. Natural
- C. Prolonged
- D. Prototypes

Cognitive theory given by Magda Arnold with reference to emotion is also known as:

- A. Opponent-Process Theory
- B. Two Factor Theory of Emotions
- C. Sequential Model**
- D. Parallel Model

Which one of the following is not included in bodily changes during emotions?

- A. Trembling
- B. Muscle tension
- C. Liver cancer**
- D. Weakness or fainting

Problems that require understanding and that should be solved in a manner that involves series of methods so that the initial problematic state can be changed into the goal attaining state are known as:

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Which of the following is not one of the theories of emotions?

- A. James-Lange theory of emotions
- B. Cannon-Bard theory of emotions
- C. Opponent-Process theory
- D. Atkinson-Shiffrin model**

Who defined intelligence as the capacity to understand the world, think rationally and use resources effectively when faced with challenges?

- A. Watson
- B. Feldman
- C. Woodworth**

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